

# 5

## DISCUSSION POINTS TO CONSIDER WHEN TALKING WITH YOUR 13-YEAR-OLD

### 1 Passwords

- Set a strong password that is unique and that others won't know or easily guess.
- Confirm that they will not share password information with anyone, including friends.

### 2 Privacy Settings

- Talk to your child about how privacy settings work – you can share publicly and privately.
- Set a timeline to review your child's privacy settings with them.

### 3 Friends

- Establish if your child can add friends whom they have not met in person, such as a friend of a friend.
- Discuss any questions you have with your child:
  - Will you be adding them as a friend?
  - How many friends can they add?
  - What will they do if they feel uncomfortable with the content their friends have posted?

### 4 Sharing media

- Talk with your child about sharing videos or photos.
- Outline what information your child is allowed to share online. Determine what is appropriate and what is not appropriate to share online. This can include your child's school, phone number, email address or other personal information.
- Talk with your child about options like “comment,” “like,” or “share” for posts from friends.

### 5 Setting rules

- Talk about the ground rules for using social media accounts and create guidelines to hold your child accountable.
  - Example: We will treat others online with the same respect that we do in person.
- Questions to discuss with your child include:
  - Will there be a time of day in which social media is off limits, such as during homework or at bed time?
  - How often will the rules be reviewed?
  - What are the consequences if your child breaks the rules?



# 5

## OPTIONS FOR RESPONDING TO HARASSING OR HUMILIATING SOCIAL MEDIA CONTENT


### 1 Untag yourself from the offending post or photo

- To remove a tag, hover over the story, click ▼ and select Report/Remove Tag from the dropdown menu. You can then choose to remove the tag or ask the person who posted it to take it down.


### 2 Unfriend the person

- Unfriending removes the connection between you and that person. If your posts are private, they will no longer be able to see them.
- How to unfriend someone:
  - Go to that person’s profile.
  - Hover over the **Friends** button at the top of their profile.
  - Select **Unfriend**.

### 3 Block the person

- When you block a person, they can no longer add you as a friend, send you messages or see your timeline, and you can no longer see theirs. This is best if you no longer want to be visible to someone on Facebook.
- How to block someone:
  - Click  at the top right of any Facebook Page.
  - Click **How do I stop someone from bothering me?**
  - Enter the name or email address of the person you want to block and click **Block**.
  - If you entered a name, select the specific person you want to block from the list that appears.
    - If you can’t find someone using this method, try going to the person’s profile and selecting **Block** from the ●●● menu on their cover photo.

### 4 Report the content to Facebook

- You can report any content that violates Facebook’s Community Standards.
- How to Report on Facebook
  - Messages
    - Open the message you want to report.
    - Click  **Actions** in the top right.
    - Click **Report Spam or Abuse**.

#### – Groups

- Go to the group you want to report.
- Click on ●●● icon in the top right corner.
- Select **Report Group**

#### – Photos & Videos

- Click on the photo or video to expand it
- Click **Options** in the bottom right
- Select **Report Photo** for photos or **Report Video** for videos

#### – Posts

- Hover over the post you want to report and click ▼ in the top right corner
- Click **Report this Post**

### 5 Social Reporting

- Social Reporting gives you a set of tools that allow you to communicate directly with a person about content they have posted that you don’t like, but that doesn’t violate Facebook Terms or Community Standards. You can also use Social Reporting to get help from trusted friend.
- Facebook uses smart tools to put you into the Social Reporting process, depending on the reporting options you choose, such as “I’m in this photo and I don’t like it”, or “This video is harassing me”.
  - Depending on the reason you selected, you will be given a list of options that may include sending the person a message, unfriending or blocking them, submitting it to Facebook for review, or reaching out to a trusted friend for help.
  - If you choose to send the person a message or reach out to a trusted friend, you may enter your own message or use the suggested language provided.