

## **Kindness Conversations**

### **Conversation One: Note Passing Gone Wrong**

In science class, you see a student write something on a piece of paper and pass it to another student. When the student gets the note, they read it and write more down on the note. That student then passes it to a different student who reads it, laughs, writes something down, and passes it on again. This happens several times until finally someone passes the note to you. When you open the note, you see at the top of the note, "Reasons why Taylor shouldn't be at this school," with a list of hurtful comments written about Taylor, who is in science class with you. Taylor is sometimes made fun of by others because some kids decided they didn't like her.

#### **What should you do?**

**Option 1:** Tear up the note and throw it away.

**Option 2:** Give the note to Taylor so she can read all the comments.

**Option 3:** After class, anonymously give the note to the teacher so they can address the issue, and next time you see Taylor say "hi" and ask her more about the great idea she had in science class.

**Option 4:** Add your own comment to the note and forward it on.

**Option 5:** *Ideas you have to respond in a positive way.*

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### **Conversation Two: Laughing when it's not funny**

There's a girl in your class named Maria. It's not always easy to understand what Maria says. Whenever she talks in class, another student named Luke makes fun of her. During class today, Maria was sharing her favorite part of the book your class just read. Luke started to repeat what she said in an exaggerated way for the whole class to hear and many students laughed, including some of your friends. You see that Maria was not sure why some people were laughing and you feel upset about what's happened.

#### **What should you do?**

**Option 1:** After class, tell Maria that you really liked what she said about the book and ask her more about her favorite part that she shared in class.

**Option 2:** You like Luke and want to fit in, so even though what he did makes you upset, you laugh at his comments to go along.

**Option 3:** After class, talk with your friends in private, tell them how much what happened bothered you – and ask them if they thought about how it made Maria feel.

**Option 4:** Tell the teacher about what's happening.

**Option 5:** *Ideas you have to respond in a positive way.*