

# “What Should You Do?”

## Student Guide

**Middle and High School Students: How should you handle these bullying situations?**

### 1. Watch the “What Should You Do?” videos

**Video A:** What Should You Do? Peer Advocacy



**Video B:** What Should You Do? Ways To Be There



### 2. Video prompts

As you watch each video, pause at the beginning of each prompt and record your response about the possible impact of that option on bullying prevention. Then press play to hear what other students think about that option. Continue this format for the other prompts.

#### Video A: What Should You Do? Peer Advocacy

- Option 1: What is the impact for everyone involved, especially Alex, if everyone ignores what is happening?
- Option 2: What is the impact for everyone involved if other students join in making fun of Alex?
- Option 3: What is the impact for everyone involved, especially for you and your friends, if you walk over to the group and ask Alex to walk to class with you?
- Option 4: What is the impact for everyone involved if you let a teacher know—either in the moment or afterward—what the boys were actually doing?

#### Video B: What Should You Do? Ways To Be There

- Option 1: What is the impact for everyone involved if you simply don't do anything, just ignore it and hope that it won't happen again?
- Option 2: What is the impact for everyone involved if you just laugh along at what your friend Jesse said?
- Option 3: What is the impact for everyone involved if you share with your friend Jesse about a time when an older student wouldn't let you sit with them and that even today you still remember how that felt?
- Option 4: What is the impact for everyone involved if tell Kris that they didn't deserve what happened and that not all older kids act like that?

### 3. Scenarios

After watching each of the videos, read the two scenarios that are focused on cyberbullying. Decide how you should respond and share why, as well as what you think the impact would be for everyone involved by choosing this option.

#### Scenario one: Witnessing Cyberbullying

While you are online one day, you see some of your friends posting hurtful comments and rumors about someone from school. It makes you upset to see your friends being mean online. You don't want to ruin your friendships, but you also don't want to see them cyberbullying others.

#### What should you do?

- Option 1: Ignore your friends' comments; they'll probably stop on their own.
- Option 2: Your relationships with your friends are important, so you add your own negative comment.
- Option 3: Send the person being bullied a message of solidarity and let them know you don't agree with what's happening.
- Option 4: Don't participate in your friends' online behavior by sharing or commenting. If you're comfortable, send a private message to your friends saying it's not okay to spread false rumors online.
- Option 5: Other—please include additional ideas on how to respond.

#### Scenario two: Managing Online Logins and Passwords

You and your best friend have been close for a few years and do everything together. You both spend a lot of time on your online accounts (social media, email, instant messaging, gaming) while hanging out. You are friends with someone online who your friend secretly likes. Your friend is too nervous to add that person online, so they ask to use your computer and phone so they can look at the other person's profile. After hanging out, your friend asks you for your online account login and password so they can check the person's profile later that night.

#### What should you do?

- Option 1: Give your best friend your login and password. You trust them and don't think they will do anything you wouldn't want them to on your account.
- Option 2: Give your best friend your login and password, but only if they give you theirs in return.
- Option 3: Don't give your best friend your login and password, but look together at the person's account.
- Option 4: Don't give your best friend your login and password. Tell them they should add the person they like to their own account.
- Option 5: Other—please include additional ideas on how to respond.