

## Step 2

## **Housing: How Is It Paid For?**



1

## **Three-part Housing Workshop Series**

- Housing: How do we start? Monday, April 1, 6:30 p.m.- 9:00 p.m.
- Housing: How is it paid for? Monday, April 15, 6:30 p.m. - 9:00 p.m.
- Housing: What are the options? Monday, April 29, 6:30 p.m. - 9:00 p.m.





## **PACER's Housing Publications**



PACER's Online Housing Guidebook, Website, Tip Sheets, Navigation Chart

https://www.pacer.org/housing

age 3



3

## This workshop will address:

- Process for eligibility for housing services and supports.
- Main funding sources from federal, state and county.
- Rental resources, Public Housing and the Section 8 Program.
- · Housing funding supplements and payment examples.





## Why should you start thinking about housing and services now?



- The IEP Team must consider independent living as part of the Transition IEP.
- You and your son or daughter are experts about their strengths, gifts and preferences.
- Housing options and supports involve eligibility criteria, timelines and waiting lists.
- Limited availability of affordable housing and support staff....

AND....

Page 5



5

We think you will want your young adult to

...get a "Life" AND a "Home" not just a "Place"





## Why is Housing Evolving?

- Parents and individuals with disabilities are demanding housing and services that are integrated and based on person-centered thinking principals.
- The federal governments directive to implement the Olmstead Decision.
- Centers for Medicare & Medicaid Services directive to implement the Home & Community-Based Services (HCBS) rule.
- · Separating housing from services.

PACER CENTER CHAMPIONS FOR CHILDREN WITH DISABILITIES.

Putting the Promise of Olmstead into Practice: Minnesota's Olmstead Plan

Page 7

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## Minnesota's Olmstead Plan: The Vision

### Minnesota will be a place where people with disabilities are living, learning, working and enjoying life in the most integrated setting

- Person Centered Planning
- Housing & Services, Employment, Lifelong learning & Education
- Transportation, Healthcare & Healthy Living, Positive Supports, Crisis Services, Assistive Technology, Preventing Abuse & Neglect
- · Community Engagement

About the Minnesota Olmstead Plan / Minnesota Olmstead Implementation Office (mn.gov)



## **Home and Community-Based Services** (HCBS) Rule

### What is the Home & Community Based Settings Rule?

- In 2014, Centers for Medicare & Medicaid Service released new rules that create standards for HCBS services.
- Long-term services must be provided in the most integrated setting AND have full access to the benefits of community living.
- Defines what an HCBS setting is and is not.
- Enhances the quality of HCBS and provide protections to participants.

Page 9



## **Separating Housing from Services**

- In May 2023, Governor Walz signed the \$1.065 billion housing omnibus bill, the largest single investment in housing in state history.
- Other legislation brought the total investment in housing to over \$1.3 billion.
- The "Homes For All Coalition" comprised of 240 statewide organizations, advocates, individuals and their families, united efforts for a statewide investment in housing stability across the housing continuum for all Minnesotan's.

Homes for All Coalition: https://homesforallmn.org

Page 10









10

# How can we use the One Page Profile to plan for services/supports?

The one-page profile captures what is important to the person, important for for the person and how they want to be supported.

### "A tool of introduction"

- For housing providers, support staff
- Finding roommates
- For family members and friends
- For case managers
- For medical providers

Templates courtesy of Helen Sanderson and Associates <a href="www.helensandersonassociates.co.uk">www.helensandersonassociates.co.uk</a></a><br/>Used with permission - The Learning Community for Person-Centered Practices <a href="https://tlcpcp.com">https://tlcpcp.com</a>





Page 11

11



How do we start the process?

## **PACER's Housing & Services Process Guide**

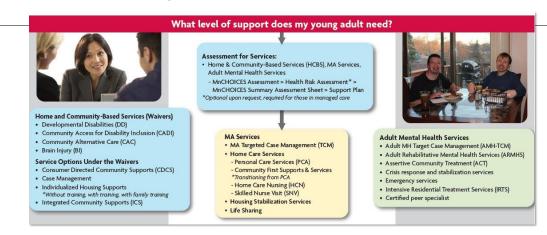


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Page 13

13

## **PACER's Housing & Services Process Guide**





## **Call Your County for Services**

### **Certified Assessor**



- Call your county social services department.
- Ask for a MNChoices assessment for your young adult.
- If you or your young adult does not have health insurance, inform them.
- Apply while your young adult is still in High School (by age 18).
- Write down: date you called, who you talked to, what was said\*

\*See MnCHOICES "Steps To Get Help" & PACER fact sheet Navigating the Maze of Housing & Services: Advocacy Tips

Page 15



15

## **Assessment for Services**

### **Medical Assistance Eligibility**

- Centers for Medicare & Medicaid administers nationwide, provides funding, approves state plans, ensures compliance with federal regulations.
- In MN, DHS oversees MA program, administered locally by counties.
- Pays for medical services for individuals with disabilities, lowincome families, including children and pregnant women, and elderly people over age 65.





## **Assessment for Services Medical Assistance Eligibility**

### There are 2 ways people are certified disabled:

- Certification by the Social Security Administration
- Certification by the State Medical Review Team (SMRT)



Page 17

17

## PACER CENTER CHAMPIONS FOR CHILDREN WITH DISABILITIES

## **Assessment for Services Medical Assistance Eligibility**

### **Certification by the Social Security Administration**

• SSA makes determinations of blindness and disability for SSI and RSDI benefits www.socialsecurity.gov

### Certification by the State Medical Review Team

- SMRT makes disability determinations for people who are not eligible for SSI or RSDI or whose application is pending
- SMRT makes level of care determinations for TEFRA
  - Contact your county to initiate: https://mn.gov/portal/government/local/counties





## **Developmental Disability or Related Condition**

Developmental Disability means "Significantly sub-average intellectual functioning" or IQ at or below 70 occurring by the age of 21 yrs.

Deficits in adaptive behavior

Assessments can be used to show "substantial limitations in present functioning" in areas of:

maturation,

- · learning,
- · personal independence
- social responsibility expected for a person's age level and cultural group

Page 19

19



## A Related Condition is:

A severe and chronic disability attributable to:

- Cerebral palsy
- Epilepsy
- Autism
- Prader-Willi Syndrome or:
- Other disability (NOT mental health disability)

Substantial functional limitation in 3 or more areas including:

- Self-care
- Communication
- Learning
- Mobility
- Self-direction, or:
- Capacity for independent living

Page 20

20







### **Children's Mental Health**

**Severely Emotionally Disturbed (SED)** 

#### Meets one of the following criteria:

- Admitted within last 3 years or at risk of being admitted to inpatient/residential treatment
- MN resident receiving inpatient/residential treatment
- DX by mental health professional of:
- Psychosis or clinical Depression
- · Risk of harming self or others as a result of ED
- Psychopathological symptoms as a result of physical /sexual abuse or psychic trauma within past year.
- Significantly impaired home, school, community functioning lasting at least one year or in the written opinion of a MH professional presents a substantial risk of lasting one year.





Page 21

21

### **Adult Mental Health**

Acute Mental Illness & Serious & Persistent Mental Illness (SPMI)

#### Acute MH:

• MH Serious enough to require prompt intervention.

#### SPMI meets one of the following criteria:

- 2 hospitalizations within 24 months
- Hospitalization/residential treatment exceeding 6 months within preceding 12 months
- DX of schizophrenia, Bipolar Disorder, Major Depression, Borderline Personality Disorder
- Significant impairment in functioning
- Written DX from a MH professional in last 3 years stating adult is at risk of requiring inpatient
  or residential treatment unless case management/
  community support services are provided.
- The adult has in last 3 years been committed by the court as a person who is mentally ill...





### **Assessment for Services: MnCHOICES**



- MnCHOICES is a comprehensive screening process for people of all ages who
  have any type of disability or need for long-term services and supports.
- Replaces other screenings used in the past (DD, LTCC, PCA, Private Duty Nursing)
- Is **person-centered**, based on individual's strengths, goals, preferences and assessed needs.
- Creates a "Support Plan" that summarizes the results
- Gives you next steps based on your young adult's needs

**MnCHOICES / Minnesota Department of Human Services** 

Page 23

23



### **Assessment for Services: MnCHOICES**



### Required individuals for the assessment are:

- Person with a disability and legal representative (parent/guardian)
- Certified Assessor

### Additional individuals that can attend per the person and their legal rep are:

- Relative or support person(s)
- County Social Worker
- Mental health professional
- Nurse

**MnCHOICES / Minnesota Department of Human Services** 



### **Assessment for Services**

### **Typical Documents needed**

- · One-Page Profile
- · Legal birth certificate
- Social Security Card
- Educational Records: Current (or last) Individual Education Plan (IEP), Functional Behavior Assessment, Section 504 plan, Summary of Performance, Work-Based Learning Plan and/or related employment information
- Medical Records: Neuropsychiatric evaluation, Diagnostic Assessment, current health related records and/or related services reports (OT, PT, Speech/Language, Alternative Augmentative Communication (AAC)
- Social History

Page 25



25

## **Assessment for Services**

### **MnCHOICES** Assessment

### Areas to be assessed are:

- Person Information
- Quality of Life
- ADLs (Activities of Daily Living)
- IADLS ("Instrumental" ADL's)
- Health
- Psychosocial
- Memory and Cognition

- · Sensory and Communication
- · Safety and Self Preservation
- Employment, Volunteering and Training
- · Housing and Environment
- · Self-Direction
- Caregiver
- Assessor Conclusions







### **Functional Assessment - Mental Health**

### A key eligibility requirement (Diagnostic and Level of Care Assessments)

- Mental health symptoms and needs presented in diagnostic assessment
- Self-care and independent living capacity
- Medical and dental health
- Social Functioning, including use of leisure time
- · Interpersonal functioning, including relationships with the adult's family
- Vocational and educational functioning
- Financial assistance needs
- · Housing and transportation needs
- Current living conditions
- Use of drugs and alcohol (if applicable)
- Other needs/problems



27

### **Assessment for Services**

### Level of Care Needed?

- The assessor must consider the level of care (LOC) needed by the person whenever the person is at risk of placement in:
  - Hospital, Neurobehavioral Hospital
  - Nursing Facility
  - Residential or Regional Treatment Center
  - Intermediate Care Facility for Developmental Disabilities (ICF/DD)





### **Assessment for Services**

### **Considerations**

### During the screening process parents should consider:

- What is the functioning level of my young adult without any support on their worst day?
- Assessments and rating scales convert to "level of care" = \$ dollars/budget.
- Budget and rates are set by the state.
- Data from your young adult's doctor and related services team members is important when submitting assessment information.

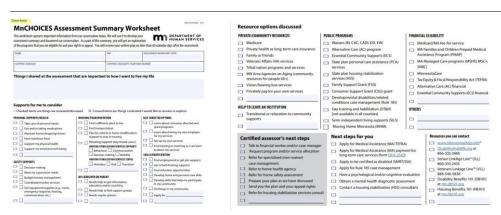


Page 29

29

## **MNChoices Summary Assessment Worksheet**

Will be given at the end of the assessment



MnCHOICES Summary Worksheet replaces Community Support Plan (CSP)





30

## **PACER's Housing & Services Process Guide**



Page 31



31

# What Services & Supports Does My Young Adult Qualify For?

### **Informed Choice!**

"The person with a disability (and/or their legal representative) makes a voluntary decision, **after being informed about all available options, for case management, services and providers.** Information needs to be delivered using the person's primary method of communication at a level he or she can understand."

- What is the funding stream called that my young adult qualifies for?
- What is the menu of services under that funding stream they have access to?

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CHAMPIONS FOR CHILDREN WITH DISABILITIES...

# What Services & Supports Does My Young Adult Qualify For?



- Personal Care Attendant (PCA)
- Homecare Services
- Homecare Nursing
- · Home-Delivered Meals
- Respite
- HCBS Waiver
- Individualized Home Supports with and without training
- Individualized Home Supports with Family Training
- Integrated Community Supports
- Behavior Specialist Services
- Independent Living Skills Therapies (ILS)

- Community First Services & Supports (CFSS) Will replace PCA
- Consumer Directed Community Supports (CDCS)
- Consumer Support Grant (CSG)
- Family Support Grant (FSG)
- Housing Stabilization Services
- · Life Sharina
- Adult Rehabilitative Mental Health Services (ARMHS)
- Assertive Community Treatment (ACT)
- · Certified Peer Specialist Services
- 24-Hour Emergency Assistance

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Page 33

33

## Home & Community-Based (HCBS) Waivers

### What is a waiver?

- Medical Assistance programs allow the state to "waive" the typical requirements of MA.
- Called Home and Community-Based Service (HCBS) waivers.
- Used to provide services in Home and Community Based settings instead of restrictive settings like hospitals, nursing homes and ICF/DD's
- Can be used to pay for additional services beyond MA
- States decide how to target specific populations
- HCBS waivers are a primary funding stream for <u>housing services and are</u> not used for rent, room & board costs.

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## Adult Mental Health Services: "Mental Health IS Health"



IRTS—Intensive Residential Treatment Services

ARMHS—Adult Rehabilitative Mental Health Services

MH-TCM - Mental Health Targeted Case Management

Mental Health is Health / Minnesota Department of Human Services (mn.gov)

PACER CENTER CHAPTON FOR CHILDREN WITH DISABILITIES

Page 35

SAVES MONEY

35

## **ARHMS: Adult Rehabilitative Mental Health Services** "Rehab Option"

- **Rehab Option** created with federal Medicaid dollars for those falling through the cracks.
- Individuals don't necessarily have to have had a hospitalization but can be at risk for being placed in an institution
- Services are to instruct, assist, and support the recipient Interpersonal communication skills, independent living skills, medication education/monitoring, mental illness symptom management skills/relapse prevention, employment-related skills, and transition to community living services, crisis response services, and housing assistance.

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## Writing the Support Plan

**New Process!** 

The "Support Plan" is ONE plan that will now replace the Community Support Plan (CSP) and the Coordinated Services & Support Plan (CSSP).

The Support Plan is developed by person with a disability/their legal quardian:

- Goals based on assessment of person-centered service needs and informed choice.
- What indicators will be used to measure outcomes of goals?
- Specific services to be provided including amount, frequency, duration, budget and who will provide service.
- Agreed upon times to review the plan (at least annually) to address progress of attaining outcomes

**MnCHOICES / Minnesota Department of Human Services** 

Page 37

37



## **Housing Stabilization Services**

Housing Stabilization Services is a MA Benefit that helps people 18 years and older with disabilities and seniors find & keep their housing.

- Three Main Categories of Services:
- Housing Consultation A person or agency helps plan for, find and move into housing.
- Housing Transition A person or agency helps a person keep housing after they move in.
- Housing Sustaining A housing consultant helps a person who does not have MA. case management develop a housing focused person-centered plan.

For more information see: HB101 Minnesota - Home







## **Moving Home MN & Housing Relocation Services**

• Moving Home MN is a Federal Demonstration Plan to create opportunities for those living in "qualified institutions" to their own homes.

### **Qualified Institution:**

 Living in an institution for 60 days or more (Hospital, Psychiatric residential treatment, ICF/DD, Nursing Homes...)

### **Qualified Community Residence**

- A home owned or leased by member or member's family
- An apartment with an individual lease and living areas that are controlled by the person or family members
- Assisted Living Residence that provides and apartment with separate living, sleeping, bathing and cooking areas, lockable entrance and exit doors or
- A home in a residential setting in which not more than four unrelated individuals live.

For more information see: HB101 Minnesota – Home

Page 39

39



## What Is Coordinated Entry? "CoC"



Coordinated Entry is a common set of design and operational principals for assessing the needs of persons experiencing a housing crisis.

- "Continuum of Care" Four Principal Elements:
- Access places where an individual or family experiencing homelessness can access CE.
- **Assessment** To understand a household's current housing and services needs, risk of harm, future or continued homelessness.
- Prioritization People with the most severe service needs & levels of vulnerability are served first.
- **Referral** Prospective tenants are matched with available housing units based on attributes and client needs & preferences.

HB101 Minnesota - Coordinated Entry for Homeless Services

PACER CENTER & CHAMPIONS FOR CHILDREN WITH DISABILITIES...

## The Need for Guardianship, Conservatorship, Supported Decision Making

- Begin the process 6 Months before 18th Birthday
- Guardianships are court-ordered protective arrangements
- A parent, relative, friend or court appointed person, manages the personal life affairs, as needed, for a person with a disability.
- The need for a guardian or conservator must be based on the person's skills and abilities to make decisions on his or her own behalf not just on their disability.
- Changes were made to the guardianship laws in 2020.
- Changes include strengthening the Bill of Rights and alternatives to guardianship, "supported decision makina" before considering restricting rights through guardianship.
- MAGiC: https://www.minnesotaguardianship.org/education
- The Arc MN: https://arcminnesota.org/resource/arc-guide-to-guardianship
- Wings MN: <a href="http://wingsmn.org">http://wingsmn.org</a>

Page 41



41

## **Appeals Process**

 If you do not agree with the decision, you can appeal in writing to the Commissioner or Department of Human services (DHS)

### **DHS Appeals:**

https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/health-care-programs/programs-and-services/health-plan-appeals-hearing-grievances.jsp

### **MN DHS Appeals Division**

PO Box 64941

St. Paul, MN. 55164-0941

Phone: 651-431-7523

• Your appeal must be submitted in 30 days of your receipt of the county's written denial (or 90 days with "good cause").

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## **Contacts for Support**



Your County Social Services Director/Supervisor of DD or MH

at: <a href="https://mn.gov/dhs/general-public/about-dhs/contact-us/county-and-tribal-nation-offices">https://mn.gov/dhs/general-public/about-dhs/contact-us/county-and-tribal-nation-offices</a>

**Regional Resource Specialists:** 

Main number: 651.431.4300 or 866.287.7655

https://edocs.dhs.state.mn.us/lfserver/Public/DHS-4850B-ENG

Ombudsmen for DD, Mental Health

Main number: 651-757-1800 or 1.880.657.3506

http://mn.gov/omhdd

Page 43



43

## **Contacts for Support**

**Ombudsman & Regional Resource Specialists** 

Ombudsmen are a consumer advocate, paid by the state, who can be called if there are concerns, complaints and questions about:

- Quality of Services
- · Consumer safety, welfare and rights
- Access and referral to appropriate services
- Need for information concerning services
- Ideas for making services better

Ombudsman are assigned to regions of the state





What housing options does my young adult want?

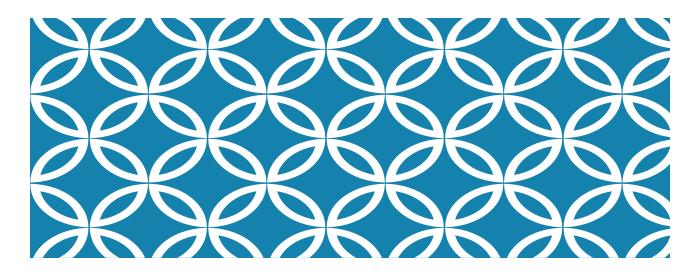
How will they pay for them?

45

## **PACER's Housing & Services Process Guide**







# SOME HOUSING OPTIONS FOR PEOPLE WITH DISABILITIES

John Petroskas Minnesota Department of Human Services

47

## **OBJECTIVES**

- Basic overview of affordable housing options
- Some housing search tools
- How Housing Support and MSA Housing Assistance can help pay for housing

## **MARKET-RATE HOUSING**

- Home ownership
- Rental housing
  - Apartments
  - Rooms
  - Shared housing

49

## SITE-BASED HOUSING SUBSIDIES

- Public Housing (some is scattered-site)
- Project-based Section 8 (HUD funds Section 811 for people with disabilities and Section 202 for elderly persons)
- Residents pay 30% of income for rent

## SITE-BASED "REDUCED RENT" HOUSING

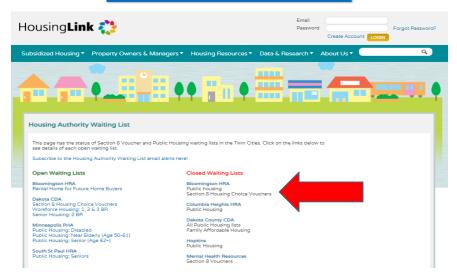
- Low Income Housing Tax Credit (also known as Section 42)
- Rent is less than market rate, but may be more than 30% of income
- Must have income below certain standards (usually some % of the area median income)

51

## **VOUCHER-BASED HOUSING SUBSIDIES**

- Section 8 Housing Choice Vouchers
  - Funded by the federal government
  - Waiting lists are long (if open at all)
  - HCV are "portable" so recipients can move
- Various state rental subsidy programs
- Recipients pay 30% of income for rent

## **WWW.HOUSINGLINK.ORG**



### **Public Housing**

#### What is the Public Housing program?

Public Housing is a government-funded program that provides rental housing to low-income households. Renters in Public Housing units pay 30% of their income for rent' while some units may have a low fixed rent amount. Some of the buildings are older and more basic. This subsidy generally stays with the building; when you move, out you no longer have the rental assistance.

 $^*$  Example of rent at 30% of income: Household with one full-time worker at \$7.25/hour might pay \$348 per month.

#### How does it work?

You apply at a housing authority for a unit based on the bedroom size needed to accommodate the number of members in your household. Some units are reserved only for households that are elderly or disabled. The waiting list you apply for may be long and it may take several months for your name to get to the top of the list. Once you are selected from the waiting list you may be offered a small selection of units to choose from as there may be a limited number of available units.

#### Do I qualify?

To qualify you must fall within the Department of Housing and Urban Development's required income limits.

#### How do I apply

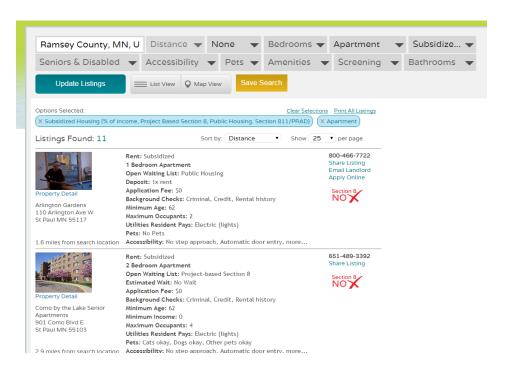
Although the Department of Housing and Urban Development (HUD) provides funding for Pubic Housing, local housing authorities administer the program. Walting lists for public housing can often be long or closed. View the Housing Authority Walting List to find out about openings in the metro area. Below are the phone numbers of Housing Authorities in the metro area with public housing programs.

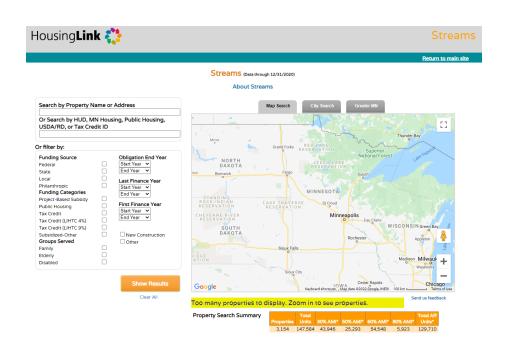
Bloomington HRA	952-563-8937	Mound HRA	952-472-5078
Carver County CDA	952-448-7715	Minneapolis PHA	612-342-1400
Columbia Heights HRA	763-706-3800	Scott County CDA	952-402-9022
Dakota County CDA	651-675-4400	South St Paul HRA	651-554-3270
Forest Lake HRA	651-464-4406	St Louis Park HA	952-924-2579
Hopkins HRA	952-548-6345	St Paul PHA	651-298-5158
Metro HRA	651-602-1428	Washington County HRA	651-458-0936

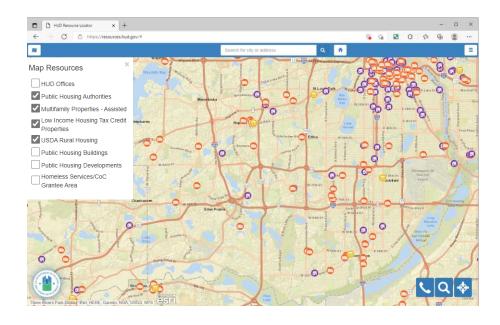
#### Subsidized Housing Info

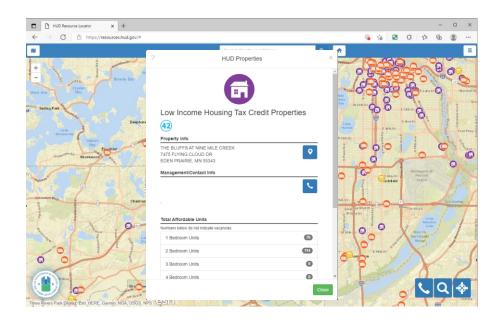
"The Big 3" Subsidized Housing Housing Programs By Number Housing Authority Waiting List Housing Terms Abbreviations Used In Housing











### 59

## **DHS HOUSING PROGRAMS**

- Housing Support (formerly called Group Residential Housing or GRH)
- Minnesota Supplemental Aid (MSA) Housing Assistance

## APPLYING FOR ASSISTANCE

You must **apply for** Housing Support and MSA:

- Online at <u>MNbenefits</u> (MNbenefits.mn.gov)
  OR
- **Call or visit** your county human services agency OR
- Complete the Combined Application Form (CAF)
  <u>DHS-5223</u> and return by mail, fax, or drop box.

61

## MNBENEFITS.MN.GOV

MNbenefits is an online portal that simplifies the process of applying for public assistance in Minnesota.

It's fast, easy to use, and allows document uploading.

### today? Check all that apply. Food (SNAP) Money to buy food for you and your family Programs like GA and MFIP that help families and single adults meet basic needs ☐ ★ Child Care Assistance Helps pay for childcare while you pursue work or school ☐ ★ Emergency Assistance Helps with rent and utility payments to stop eviction Also called Group Residential Housing. Helps seniors and adults with disabilities pay for housing

What do you need help with

DEPARTMENT OF HUMAN SERVICES

**Combined Application Form** 

Do not use this application to apply for health care coverage. The soonest your SNAP flood or cash benefits can start is the date the agency receives your application. We can set start is the start is the date the agency receives your application to a set of the where your name, address and application to page 1. For your application to be complete, answer all questions on the application. Tell someone if you need help filling out this application. Between to sign and date the application on pages 1 and 10.

#### 63

## **HOUSING SUPPORT PAYS FOR:**

**Room and board costs** in licensed or registered settings (adult foster care, board and lodge facilities, boarding care homes, housing with services), <u>or</u>

Rent and utility expenses in supportive housing (for people who have experienced long-term homelessness), and sometimes

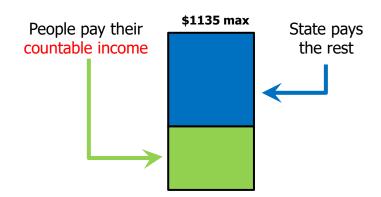
**Supportive services** for people in certain settings who are not receiving waivered or other services.

## **ELIGIBILITY FOR HOUSING SUPPORT**

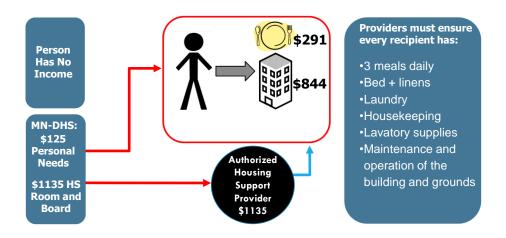
- Eligible for SSI or General Assistance and
- Income below certain limits and
- Assets below certain limits:
  - SSI: \$2,000
  - GA: \$10,000

65

## **HOW DOES HOUSING SUPPORT WORK?**

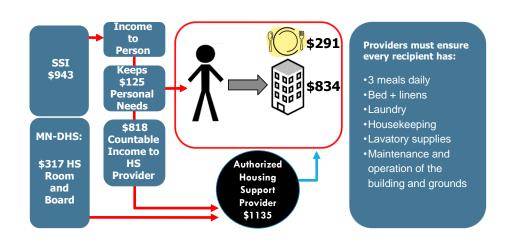


## HS group setting – person with no income



67

## HS group setting – person with SSI income



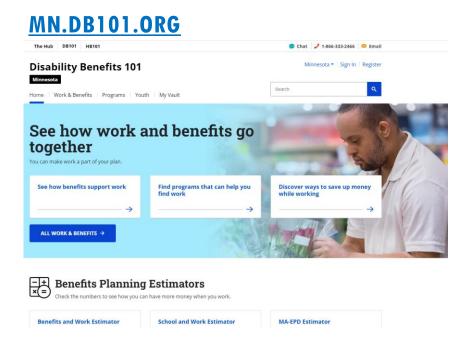
## WHAT IS COUNTABLE INCOME?

Countable income, from work or benefits, is what remains AFTER certain deductions.

For Housing Support, deductions include a \$125 "personal needs allowance."

For earnings, we disregard the first \$65, the \$125 PNA, and half the remainder. Example: \$500 earned - \$65 - \$125 = \$310/2 = \$155 countable income

69



## **WORK INCENTIVES CONNECTION**

Goodwill's Work Incentives Planning & Assistance Program helps explain Social Security work incentives.

Must be a Social Security recipient with a disability.

- Call 1-800-976-6728
- •Email workincentivesconnection@gesmn.org
- Go to goodwilleasterseals.org and look for Disability Services

71

## MINNESOTA SUPPLEMENTAL AID (MSA)

MSA is a monthly cash supplement for some recipients of SSI and/or RSDI benefits.

To be eligible, you must be:

- \*Over age 18 (unless blind) and
- Receive SSI, OR
- Would receive SSI but for excess income (and over 65, or Blind, or Disabled)

## **MSA BENEFITS**

## \$943 SSI + \$81 MSA = \$1024 total

Some people may be eligible for additional MSA "special needs" benefits, including:

- Representative payee fees (\$54/month)
- Guardian/Conservator fees (up to \$100/month)
- Special diets (prescribed by doctor; amounts vary)
- MSA Housing Assistance

73

## **COMBINED APPLICATION**

#### 24. For Minnesota Supplemental Assistance only: Does anyone in the household have any of the following expenses?

Representative payee fees	OYes ○No
Guardian or conservator fees	OYes ○No
Medically-prescribed special diet	OYes ○No
High housing costs	OYes ONo

3/2/2018

74

## MSA HOUSING ASSISTANCE

#### Must be:

- Eligible for MSA, and
- Under age 65 when applying, and
- Monthly housing costs (rent & utilities) exceed 40% of gross monthly income

**75** 

## **MSA HOUSING ASSISTANCE**

## and one of the following...

- Relocating from an **institution** (hospital, nursing facility, RTC inpatient, or ICF-DD) or intensive residential mental health treatment program, **OR**
- •Eligible for Personal Care Assistance (PCA) services, <u>OR</u>
- Receiving waivered services, **OR**
- Transitioning from Housing Support

## **MSA HOUSING ASSISTANCE**

\$943 SSI

+ \$81 MSA

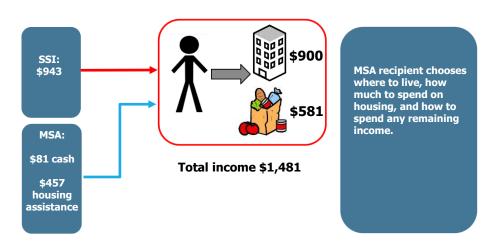
+ \$457 MSA Housing Assistance\*

\$ 1,481 Total Income

When MSA benefits go up, SNAP benefits may go down. The amount depends on many factors.

**77** 

## **MSA HOUSING ASSISTANCE**



## CRISIS HOUSING ASSISTANCE PROGRAM

Short-term housing assistance (rent, mortgage, utilities) for people receiving inpatient substance use disorder or psychiatric treatment of 90 days or less. The goal is to retain the client's housing.

The Crisis Housing Assistance Program is administered by The Arc Minnesota. To apply, call 952-915-3698 or apply online.

**79** 

## **ABLE ACCOUNTS**

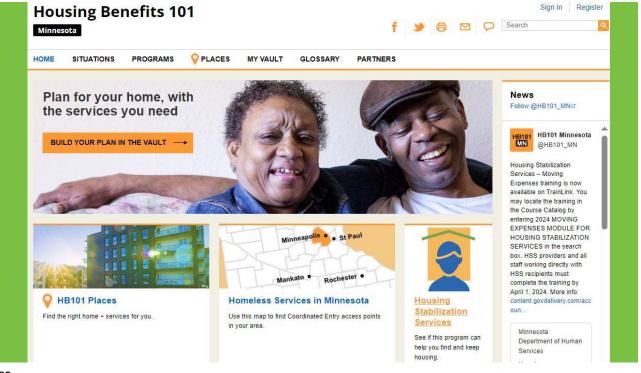
ABLE (Achieving a Better Life Experience) accounts allow people who became blind or disabled BEFORE age 26 to save money to pay for many different disability-related expenses, including housing.

- Maximum annual contribution is \$17,000.
- Balances up to \$100,000 are excluded from the SSI resource limit.
- MN ABLE Plan: <u>www.savewithable.com/mn</u>

# John Petroskas MN Department of Human Services

John.Petroskas@state.mn.us

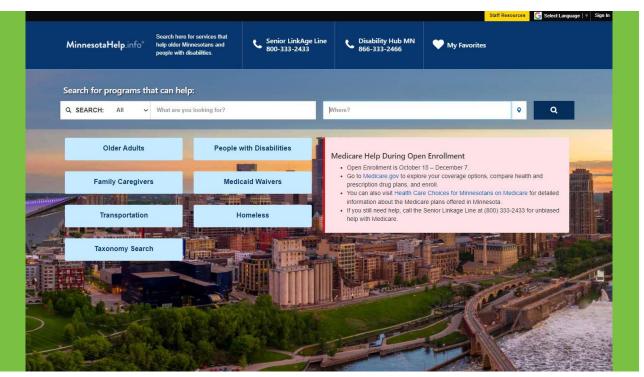
81



82



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## In Closing....

- Educate yourself! NETWORK, NETWORK!
- It is beneficial to start the application process for social services in your high school years.
- Plan time to start your person-centered plan with your young adult about housing services and options.
- Time is an advantage due to limited funding, availability of supports & services, and affordable, accessible housing.

#### **Next workshop:**

Step 3 - What are the options?
 Monday, April 29, 6:30 - 9:00 p.m.

Page 85



#### 85

#### Resources

#### **PACER's Housing Project:**

www.PACER.org/housing

Contact Person: Susan Shimota Phone: 952-838-9000

Email: susan.shimota@PACER.org

## Hennepin County Social Services Jerry Mellum, Senior Planning Analyst

Hennepin County Human Services and Public Health Department

Phone: 612-596-7094

Jerry.Mellum@hennepin.us

#### PACER's National Parent Center on Transition & Employment:

Disability Hub MN

disabilityhubmn.org 1.866.333.2466

Page 86







86

**Person Centered Planning:** 

Helen Sanderson and Associates www.helensandersonassociates.co.uk

The Learning Community for Person Centered Practices <a href="https://flcpcp.com">https://flcpcp.com</a>

MN Department of Human Services > Person Centered Practices

https://mn.gov/dhs/partners-and-providers/program-overviews/long-term-services-and-supports/person-centered-practices

ARC Minnesota: Planning & Coaching

https://arcminnesota.org/ways-we-can-help/planning-your-future

Phone: 952-920-0855, ARC Statewide: 833-450-1494

Email: <a href="https://arcminnesota.org/ways-we-can-help/ask-an-advocate">https://arcminnesota.org/ways-we-can-help/ask-an-advocate</a>

MN Governor's Council on Developmental Disabilities

"Its My Choice":

http://mn.gov/mnddc/extra/publications/lts-My-Choice.pdf

Page 87



87

## Resources

#### Minnesota's Olmstead Plan

https://www.pacer.org/housing/gettingstarted>Minnesota's Olmstead Plan https://mn.gov/olmstead/assets/2022-04-olmstead-plan tcm1143-526399.pdf

The ARC of MN - Housing Resources

https://arcminnesota.org/learn-connect/learning-center/housing

Phone: 952-920-0855, ARC Statewide: 833-450-1494

Metropolitan Center for Independent Living, Inc.

https://www.mcil-mn.org 651.646.8342



MN Department of Human Services Main Page http://mn.gov/dhs

- People with Disabilities>Services>Home and Community Services
   https://mn.gov/dhs/people-we-serve/people-with-disabilities
- Healthcare>Child & Adult Mental Health:
   http://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care
- Housing http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing
- Housing Benefits101 <a href="https://mn.hb101.org">https://mn.hb101.org</a>
- HB101 Places <a href="https://mn.hb101.org/places.htm">https://mn.hb101.org/places.htm</a>
- HB101 Housing Guide for Young People <a href="https://mn.hb101.org/a/51">https://mn.hb101.org/a/51</a>
- Disability Benefits 101 <a href="https://mn.db101.org">https://mn.db101.org</a>

Page 89



89

### **Resources**



https://mn.gov/dhs/partners-and-providers/policies-procedures/housing-and-homelessness/housing-stabilization-services.jspf

MN Department of Human Services (DHS) Community-Based Services Manual https://tinyurl.com/sn9pmt6

CBSM - Resource: Life sharing matching process and ongoing support options (state.mn.us)

"Find Choose & Keep Great DSPs (Direct Support Professionals) Toolkit" https://ici.umn.edu/index.php?products/view\_part/375

"Questions to ask Providers When Making Decisions about Residential Supports for Family Members with Disabilities" http://rtc.umn.edu/questions/index.html



**Housing Link** 

Housing Rental Listings, Public Housing, Section 8, Waitlists & Newsletter www.housinglink.org

Housing Link "Streams" Database: https://www.housinglink.org/Streams/

**TAC- Technical Assistance Collaborative** 

www.tacinc.org/knowledge-resources/publications/e-books/section-8-made-simple

Voucher Database for MN: http://www.tacinc.org/knowledge-resources/vouchers-database/?state=MN

HUD - Information for Disabled Persons: <a href="https://www.hud.gov/topics/information">https://www.hud.gov/topics/information</a> for disabled persons

HUD Resource Locator <a href="https://resources.hud.gov">https://resources.hud.gov</a>

**HUD Reasonable Accommodations & Rights for Individuals with Disabilities:** 

https://www.hud.gov/program offices/fair housing equal opp/reasonable accommodations and modifications

HUD File a Complaint: https://www.hud.gov/program\_offices/fair\_housing\_equal\_opp/online-complaint



Page 91

91

#### Resources

"20 Revealing Questions that Every Renter Should Ask"

https://www.apartments.com/blog/20-revealing-questions-every-renter-should-ask

MN Housing https://www.mnhousing.gov

Find Housing Help: Find Housing Help (mnhousing.gov)

MN Home Ownership Center

https://www.hocmn.org

**Homes for All** 

http://homesforallmn.org/

https://www.hocmn.org/homeownershipopportunityalliance

Coordinated Entry (CoC)

HB101 Minnesota - Coordinated Entry for Homeless Services





#### **ABLE National Resource Center**

https://www.ablenrc.org/what-is-able/what-are-able-acounts

#### Social Security Administration

https://www.ssa.gov/benefits/disability https://www.ssa.gov/ssi/links-to-spotlights https://www.ssa.gov/disability/professionals/bluebook> Part A, Adults

MinnesotaHelp.info <a href="https://www.minnesotahelp.info">https://www.minnesotahelp.info</a>

HB101 Places <a href="https://mn.hb101.org/places.htm">https://mn.hb101.org/places.htm</a>

Metro Crisis Coordination Program (MCCP) Residential Openings List

https://mnopenings.org

PACER CENTER CHAMPIONS FOR CHILDREN WITH DISABILITIES.

Page 93

93







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