

Kindness Conversations

Conversation One: Being Bullied

You are in class one day and the teacher asks a question. You raise your hand to answer the question, but your answer isn't correct. Another student that sits behind you laughs and says, "That was such an easy question." The comment makes you feel bad, but you don't say anything back. Later that day during lunch, the same student and their friends are laughing and pointing at your direction. They walk by your table and say, "Don't raise your hand in class anymore. You just waste everyone's time."

What should you do?

Option 1: Ignore the hurtful comments and hope that it stops. You don't want to be considered a snitch.

Option 2: Respond by saying, "Oh yeah, like you should talk? You didn't even pass the last test."

Option 3: Try to avoid them at school.

Option 4: Talk with your parents or a trusted adult to get their advice on how to handle the situation.

Option 5: *Other ideas?*

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Conversation Two: Witnessing a Fight

You're walking to the bus one day after school. You see a crowd of students and walk over to see what's happening. As you get closer, you realize that a group of students are threatening to beat up a younger student at school. All of a sudden, the group of students starts shoving and punching the younger student. Many other students are watching and cheering it on.

What should you do?

Option 1: Try to get in the middle of the fight to break it up.

Option 2: Watch the fight and cheer it on with everyone else.

Option 3: Walk away quickly and ignore what's happening.

Option 4: Find an adult nearby and tell them immediately about what's happening.

Option 5: *Other ideas?*

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Conversation Three: Meeting New Students

It's the start of a new school year and you're excited to see all of your friends again. In your first class, the students introduce themselves. There's a student who says he was homeschooled so this is the first time being in classes with other students. After several days, you start noticing that the new student is having a hard time making friends. You see him being left out on purpose – one day, he sat at a table and everyone nearby got up and left. You've heard other students say they don't like the new student because he just doesn't fit in. You feel bad for the new student, but you're afraid of what others will think.

What should you do?

Option 1: Nothing. He will probably make friends soon on his own.

Option 2: Introduce yourself to the new student and ask him if he wants to eat lunch with you and your friends to get to know each other better.

Option 3: Tell him what others are saying about him.

Option 4: Agree with the other students that the new student will never fit in.

Option 5: *Other idea*