

PACER's
National Parent Center on
Transition and Employment

**What Changes When Minnesota Youth
with Disabilities Turn 18?**
Barb Ziemke, PACER Center
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**Inspiring Possibilities: Living Learning and
Working After High School--WELCOME!**

- 9:30 am: *What Happens at age 18?*
- 10:45 am: *Off to College*
- 12:15 pm: *Rethinking Guardianship*
- 1:30 pm: *Career Counseling and Supports*
- 2:20 pm: *Conference Wrap-up – Your Next Step*

*This workshop made possible with support from the
Richard M. Schulze Foundation*

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PACER CENTER
CHAMPIONS FOR CHILDREN WITH DISABILITIES™


- ✓ Home to PACER's National Parent Center on Transition and Employment
- ✓ Minnesota's Parent Training and Information Center
 - ✓ Family-to-Family Health Information Center
 - ✓ Simon Technology Center
 - ✓ Housing Project

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Effective parent involvement supports self-determination and successful outcomes

- + Family involvement is a greater predictor of successful outcomes for youth than income or social status. *Transitionta.org*
- + "Youth with disabilities in postsecondary settings have better outcomes when they and their family members are engaged in ongoing planning, communication, and collaboration to meet their needs..." *NWCD-youth.info*



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Positive Parent Involvement Can Support Self-Determination

➤ Effective parent involvement supports the ongoing development of the young adult's self-determination, autonomy and interdependence.




"Self-determination and self-advocacy skills need to be built, not assumed."

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The parent's role changes

- Decision-maker → advisor
- Driver's seat → passenger's seat
- Boss → consultant
- Head coach → sideline coach
- Planning, communicating and advocating **for** → planning, communicating and advocating **with**



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Next Step Action Plan
“Action is the antidote to fear.”

PACER's 2021 Inspiring Possibilities Transition-to-Adulthood Conference

Next Step Action Plan
Don't just think it, live it!

Action Step & Deadline	Where to find more information	Who Can Help

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Education and legal rights change at 18

By age 17, school provides notice that IEP and other legal rights will transfer to the student at age 18 unless a legal guardian has been appointed through a court process

- [Prepare Your Child for Age of Majority and the Transfer of Rights in MN](#)
- [Increase self-determination skills](#)
- Learn about and consider the options
 - “Less restrictive legal options” including Supported Decision-Making
 - Guardianship—Recent changes to MN law

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All males must register with selective service

- Register for the selective service within 30 days of turning 18, regardless of disability. Late registrations accepted up to age 26.
- Register online with Social Security number (SS#) at www.sss.gov/register/ OR
- Mail in the form from post office (no SS# required)

More information at Selective Service System:
www.sss.gov

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**No Driver's License?
Apply for a MN State ID**

- Apply at the DMV
- Reduced cost (.50) State ID can be requested through social worker
- Documentation options:
 - Copy of birth certificate
 - Copy of Social Security card
 - Copy of immigration card

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High school graduation date and plan may change


- Consider need to continue Special Education and Transition Services after senior year of high school
- Eligible students may remain in school up until July 1 after they reach age 21 by IEP team decision
- Discuss "anticipated date of graduation" annually

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Graduation with a diploma in MN

- Students have not have **graduated** until they receive their official, signed **diploma**
- Students are no longer eligible for school district transition programs or services once they accept diploma
- IEP and 504 Plans don't continue at college or on the job




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Disability Laws Change

Focus of IDEA
in High School



PROGRESS
based on teamwork

Focus of the ADA & Section 504
after High School



ACCESS
based on self-advocacy

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Consider the need for publicly-funded adult disability services, supports and benefits

- Will have eligibility criteria; assets and income limits based on individual with disability
- May have waiting lists, funding or provider gaps
- Complicated application and assessment process
- Use IEP team and school resources to find out about options and “create linkages” before graduation
- Tap into information and navigation resources

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Supplemental Security Income (SSI) or Social Security Disability (SSDI) Benefits

- Applications before age 18 consider parent’s income and may be denied
- Child under 18 who has been receiving SSI will be re-evaluated for adult eligibility within a year of their 18th birthday
- \$2000.00 asset limit and income limits for initial eligibility
- Ways to apply:
 - Complete [your application online](#).
 - Call the toll-free telephone number **1-800-772-1213**
 - Call or schedule a visit to [your local Social Security office](#).

[PACER's Benefits and Supports Learning Center](#)

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**“County Services,” “Human Services,”
“Social Services,” “Disability Services”**

▪ **Dept. of Human Services (DHS)** for Intellectual and Developmental Disabilities and other qualifying disabilities. County case management and services are based on eligibility requirements (example, <https://www.hennepin.us/residents/human-services/services-disabilities>)

▪ **Adult Rehabilitative Mental Health Services (ARMHS)** and other services for adults with MH needs. Based on eligibility. Contact your county.

▪ www.pacer.org/health/

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**Medical Assistance (MA)
MN’s Medicaid public health insurance program**

- Parental fee requirement ends at 18
- SSA disability determination or State Medical Review Team (SMRT) process required
- Individual cannot have assets over \$3000.00
 - Some exclusions apply *
 - Note: Process and timeline varies by county
- More information at DB101.org and PACER.org/health

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**Examples of services MA may fund based
on eligibility and need**

- Medical services and transportation
- Home Health Aide Services
- Therapies (OT, PT, Speech)
- Nursing Facilities, hospitals and ICF-MR (group home)
- Private duty nurse / Skilled nurse visits
- Personal Care Attendant (PCA)
- Waivered services
 - Now includes “employment services”

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MnCHOICES Assessment

- Anyone who needs long-term care can call their local [county human services agency](#) and request a MnCHOICES assessment.
- The MnCHOICES assessment can help you figure out what services and programs might help you live in the community, including [MA-Waiver programs](#), [Medical Assistance \(MA\)](#), [personal care assistance \(PCA\)](#) services, or other benefits.
- Even if you are not eligible for public benefits, the assessment can help you understand what services, accommodations, and resources exist.

DB101.org

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Warning: Ongoing paperwork and “case management” ahead

- Continued eligibility is dependent on continuing to meet all disability criteria, income and asset limits, and completing mandatory reviews (paperwork)
- Reviews may be required monthly, semi-annually, or annually
 - MA form to submit every 6 months
 - SSI Rep Payee report to submit annually
 - Annual Guardianship reporting
 - MNChoices Assessment annually
- All forms must be completed and returned with verifications by the deadline

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MA and “County Services”: Learn More

- Learn more at **PACER’s Health Information Center**: <https://www.pacer.org/health/> Call Linda or Pat for assistance: 953-838-9000.
- **Disability Hub Minnesota**: <https://disabilityhubmn.org/> Chat or talk with “options navigators” or search by topic on <https://mn.db101.org/>
- County Information Sessions

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Housing Benefits and Independent Living Supports and Resources

- **HB101 (Housing Benefits):** <https://mn.hb101.org/>
 – **Housing Choice Voucher Program (section 8):**
<https://mn.hb101.org/a/12/>
- **PACER's Housing Project:** www.pacer.org/housing
- **Metro Mobility:** ADA transportation for those who qualify
<https://metro council.org/Transportation/Services/Metro-Mobility-Home/Eligibility-Certifications.aspx>
- **Centers for Independent Living:** locate at macil.org

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MN Vocational Rehabilitation Services (VRS) and State Services for the Blind (SSB)

VRS Pre-Employment Transition Services (Pre-ETS) can provide counseling on jobs and training, work-based learning experiences, workplace readiness training, instruction in self-advocacy skills and more. Connect with the VR Counselor assigned your high school:
<https://mn.gov/deed/job-seekers/disabilities/youth/>

VRS "Intensive services" for eligible youth and adults: Employment counseling, training, job skills and job placement services. Eligibility requirements; must complete an application. <https://mn.gov/deed/job-seekers/disabilities/counseling/>

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Community-based organizations without eligibility requirements

- **Centers for Independent Living (CIL)**
<http://www.mcil-mn.org/>
- **MN Disability Organizations:**
<https://www.pacer.org/parent/php/PHP-c36.pdf>
- **MnHelp.Info**
- **Dakota County RecreationalDirectory2019**
- <https://ausm.org/resources/directory/>

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Tips for youth who do not meet eligibility for adult disability services

- Focus on more than academics in school
- Maximize Personal Learning Plan resources
 - Create a "Transition Plan"
- Connect IEP Transition Services to post-graduation goals for the future
- Request Pre-Employment Transition Services
- Visit a college disability services office by grade 11

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More tips for youth who do not qualify for adult disability services

- Tap into technology: [The Path to Independence: Mobile Apps to Support Transition-Age Youth](#)
- Simon Technology Center
 - Free AT Consultations
 - Lending library
- Use Minn State Careerwise.org online resources: <http://careerwise.minnstate.edu/>
- Explore job-seeker supports at a CareerForce Center: <https://www.careerforcemn.com/locations>

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Visit www.pacer.org/transition and www.pacer.org/students/

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**Questions?
PACER is here to help!**



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952-838-9000

Pacer.org/transition
Sign up for our monthly *Inspiring Possibilities* E-newsletter:
<https://www.pacer.org/transition/news/optIn-inspiring-possibilities.asp> & join us at facebook.com/npcte

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PACER'S ANNUAL BENEFIT
featuring a Q&A with
STEVE MARTIN
SATURDAY, NOVEMBER 13
7:30 PM CST

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