

Step 3

Housing: What are the Options?

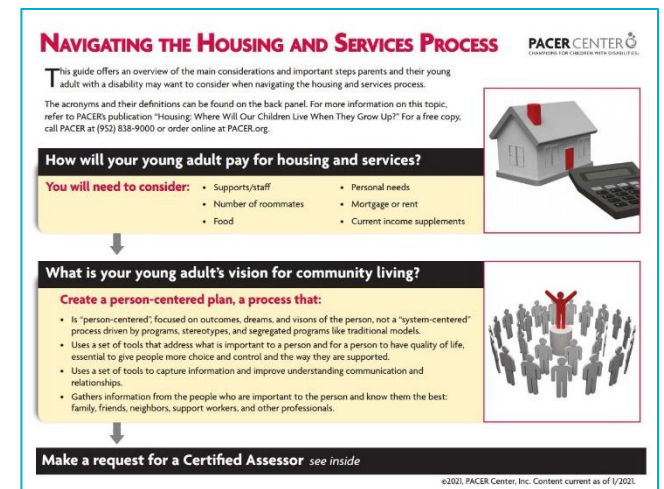
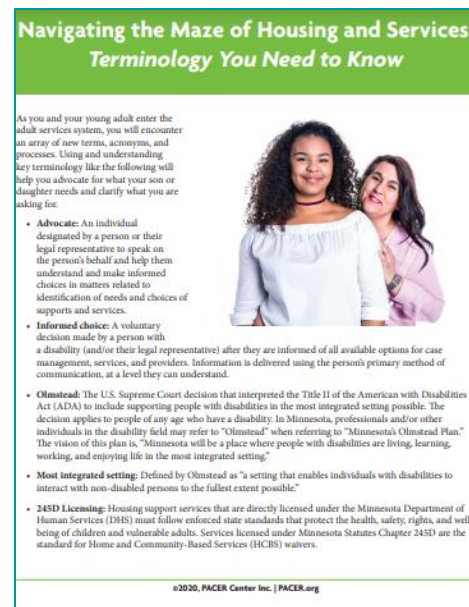


Three-part Housing Workshop Series 2023

- **Housing: How do we start?**
Monday, March 14, 6:30 p.m.- 9:00 p.m.
- **Housing: How is it paid for?**
Monday, March 28, 6:30 p.m. - 9:00 p.m.
- **Housing: What are the options?**
Monday, April 11, 6:30 p.m. - 9:00 p.m.



PACER's Housing Publications



PACER's Housing Guidebook, Website, Tip Sheets, Navigation Chart

PACER.org/housing

This workshop will address:

- Where does your young adult want to live?
- How will your young adult afford rent, food?
- How will your young adult afford the staff support necessary to live in the most integrated setting?
- How the person-centered thinking & planning process provides information and direction for housing & services options.
- How our presenters obtained person-centered housing & services.



PACER's Housing & Services Process Guide

NAVIGATING THE HOUSING AND SERVICES PROCESS



This guide offers an overview of the main considerations and important steps parents and their young adult with a disability may want to consider when navigating the housing and services process.

The acronyms and their definitions can be found on the back panel. For more information on this topic, refer to PACER's publication "Housing: Where Will Our Children Live When They Grow Up?" For a free copy, call PACER at (952) 838-9000 or order online at PACER.org.



How will your young adult pay for housing and services?

- You will need to consider:**
- Supports/staff
 - Personal needs
 - Number of roommates
 - Mortgage or rent
 - Food
 - Current income supplements



What is your young adult's vision for community living?

Create a person-centered plan, a process that:

- Is "person-centered", focused on outcomes, dreams, and visions of the person, not a "system-centered" process driven by programs, stereotypes, and segregated programs like traditional models
- Uses a set of tools that address what is important to a person and for a person to have quality of life, essential to give people more choice and control over the way that they are supported
- Uses a set of tools to capture information, and improve understanding, communication, and relationships
- Gathers information from the people who are important to the person and know them the best: family, friends, neighbors, support workers, and other professionals



Make a request for a Certified Assessor

©2022, PACER Center, Inc. Content current as of 2/2022.

PACER's Housing & Services Process Guide

Does the budget allow my young adult to live in this housing option?

- Review budget and level of care
- Budget is determined
- Identify, interview roommates and service providers

Disagree with decision? Use appeal process

Finalize Your Support Plan

- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign release, forms, rental agreement



CELEBRATE AND MOVE IN!

- Review budget and level of care
- Budget is determined
- Identify roommates, service providers, landlords, realty/leasing companies, if setting license is needed

Disagree with decision? Use appeal process

Finalize Your Support Plan

- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign releases, forms, rental agreement, or mortgage

Housing for People with Disabilities

HENNEPIN COUNTY
MINNESOTA



Three Basic Questions

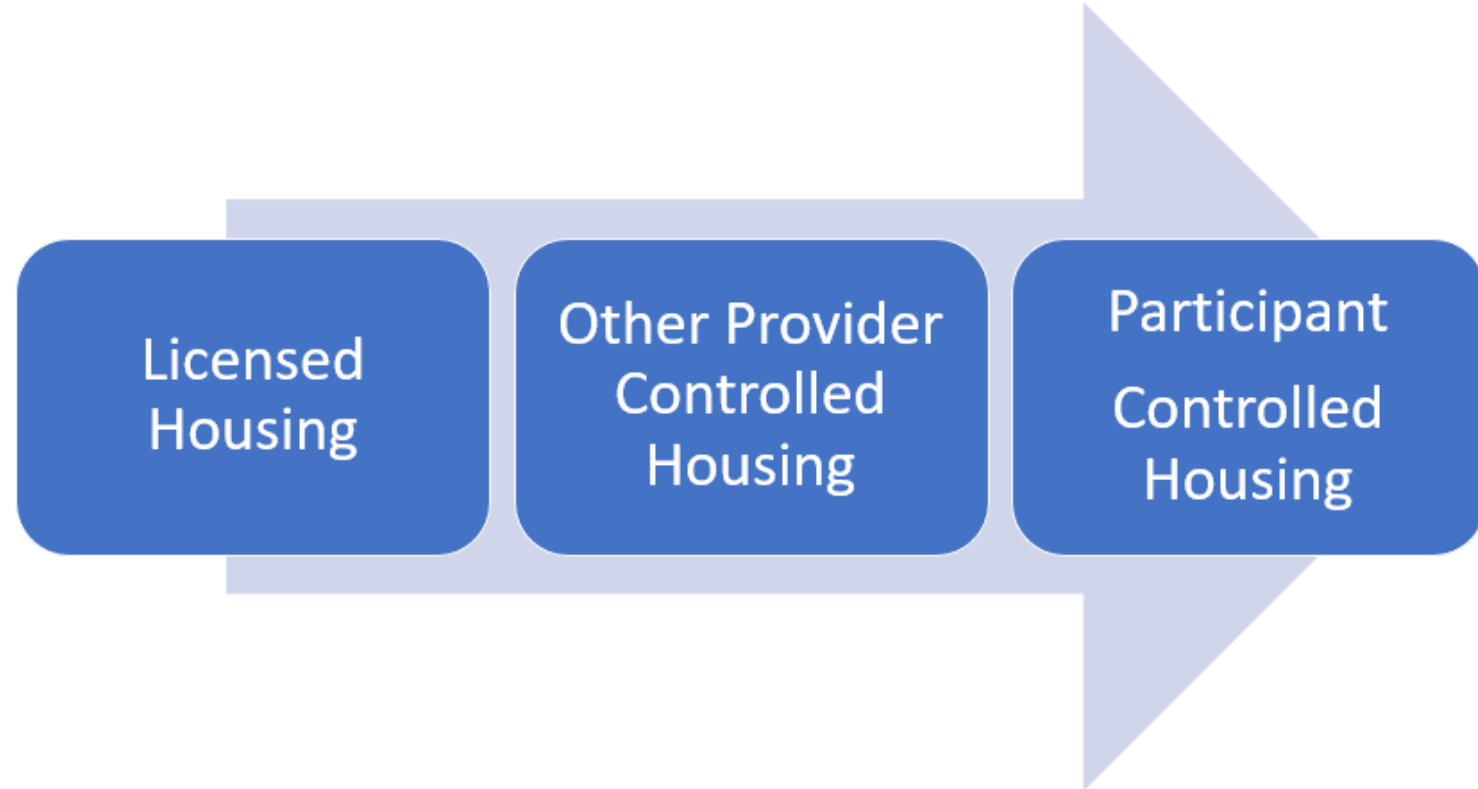
- Where do you want to live?
- How will you afford rent and food?
- How will you afford the staff support necessary?

Where do you want to live?

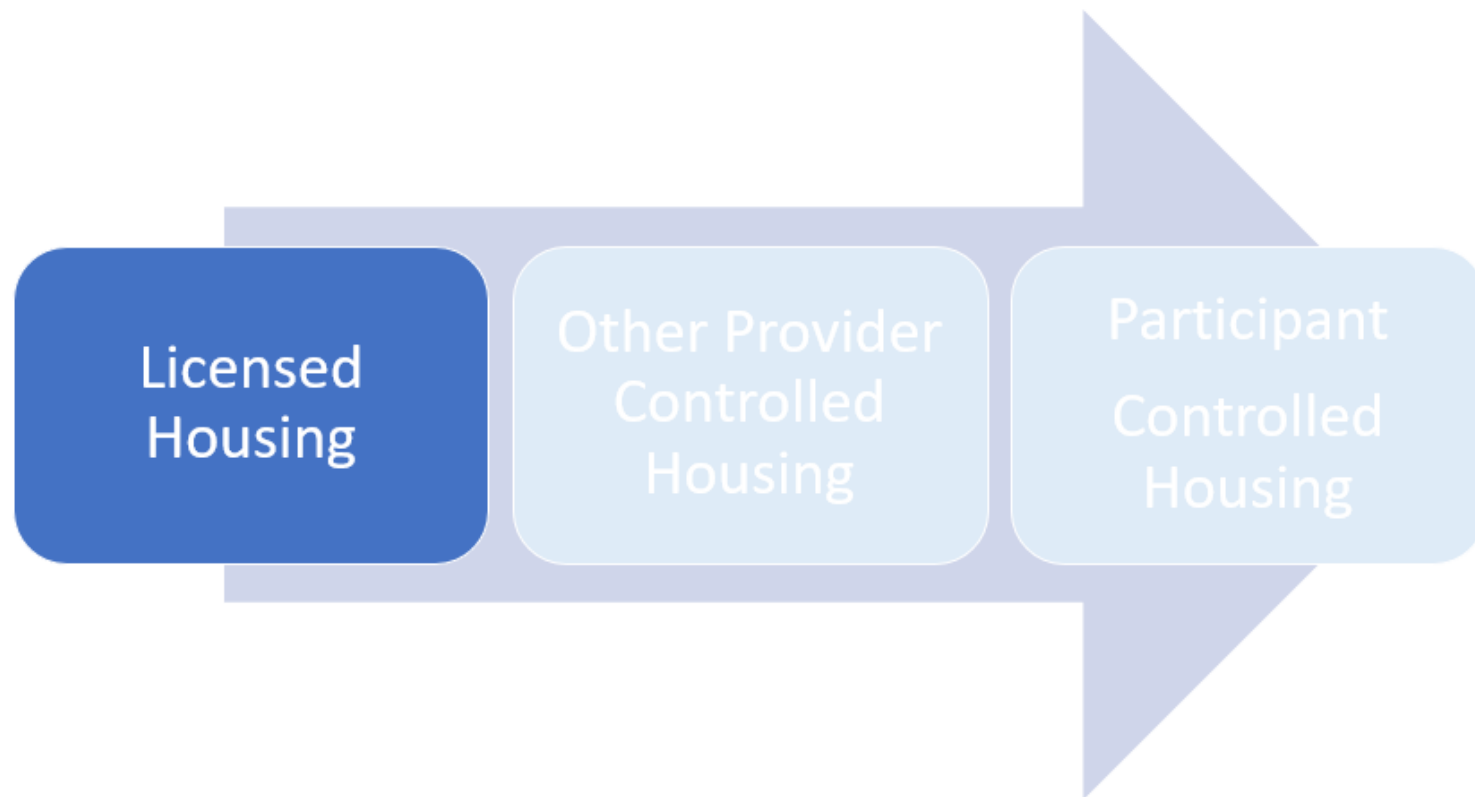
Examples

- Potential unlimited possibilities within resources
- Community residential setting (group home)
- Mother-in-Law Apartment
- Duplex
- Four plex with scattered apartments
- Modify a garage as a one-bedroom apartment seven feet from your brother
- Rent an apartment
- Neighborhood housing group
- Co-housing – Plymouth (Indu)
- Own a home or condo (first time home buyer \$, land trusts)
- Apartments controlled by the provider (Integrated Community Support)

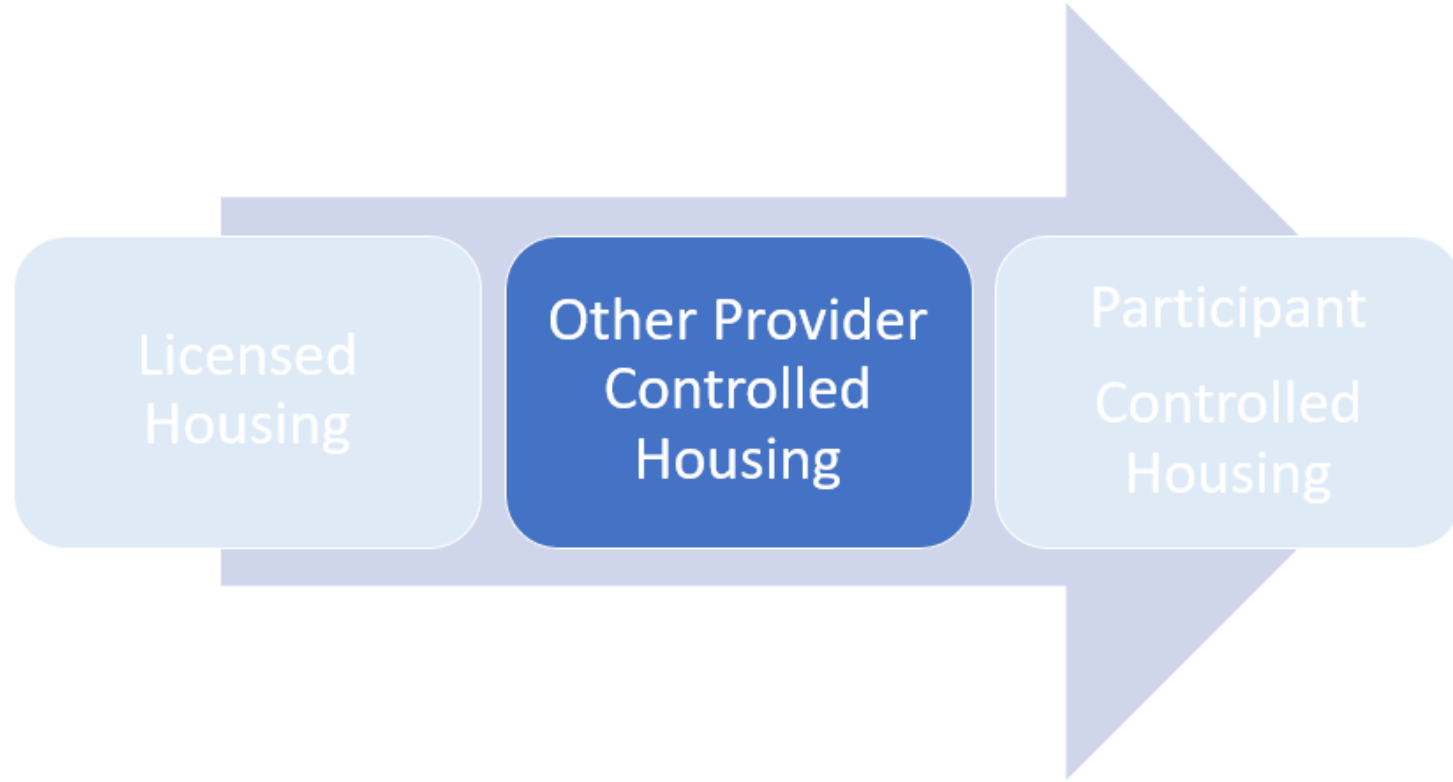
The Array of Housing Options



The Array of Housing Options



The Array of Housing Options



Integrated Community Support Basics

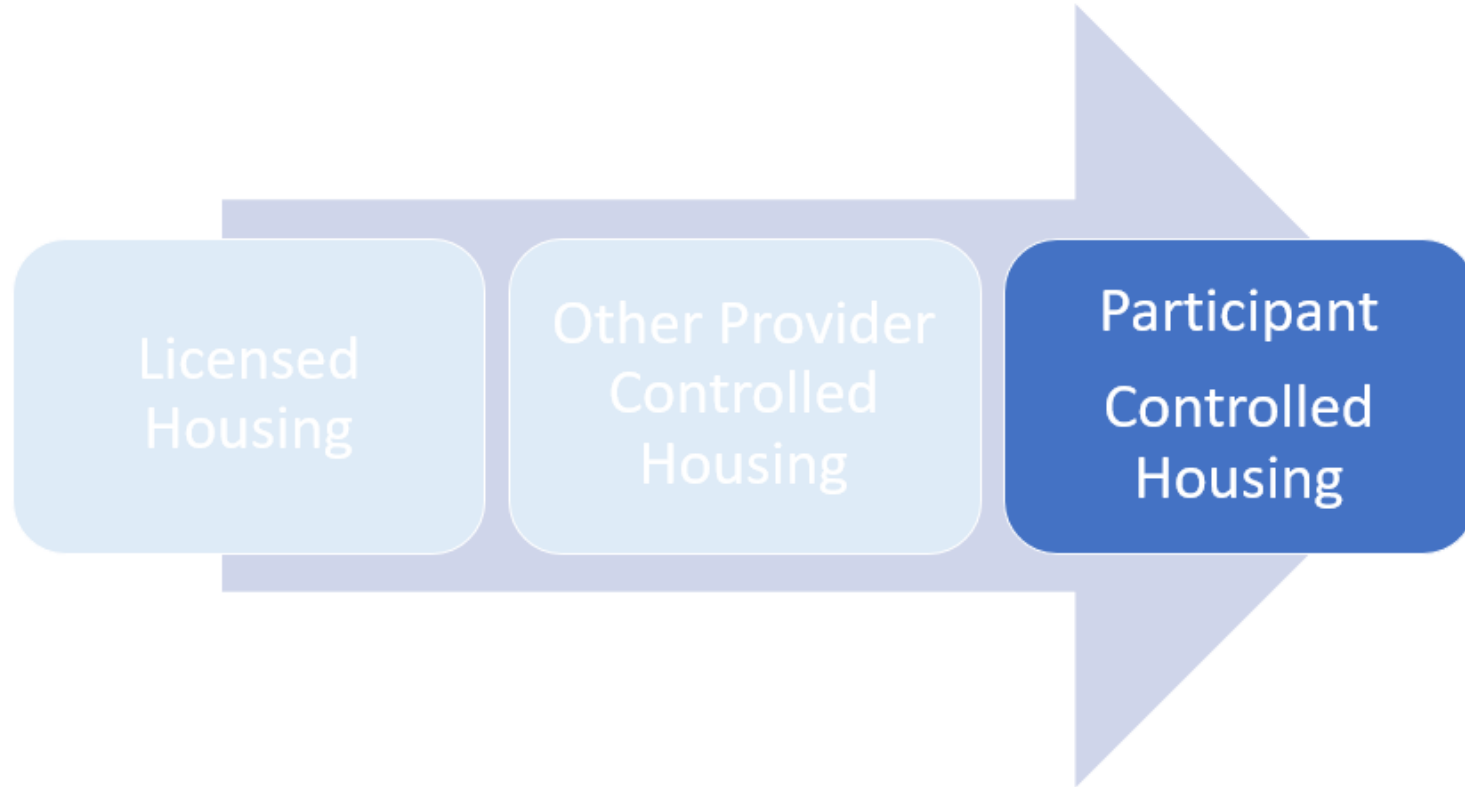
A new service through DHS Waiver Reimagine. Services that provide support and training to adults age 18+ who live in an ICS provider-controlled setting.

The ICS provider is *teaching*, not doing hands-on care for the individual.

- ICS covers training and support to meet the person's assessed needs and goals in at least once of the following:
 - Community participation
 - Health, safety and wellness
 - Household management
 - Adaptive skills

A person who lives in ICS setting is not required to receive ICS. However, when a person lives in an ICS setting, they may only receive services from that provider. The provider certifies the building. Only one provider of this service is allowed per building.

The Array of Housing Options



What is “Own Home?”

- Person controls the home by renting or owning.
- Person has a lease and pays rent, utilities directly.
- Person chooses their own service provider.
- Person determines who does specific tasks (shopping, errands, other tasks).
- Person gets services based on their own plan (not group)
- Services are delivered individually
- Shared services are decided independently
- Not a wrap around service or a situation where several families use one provider.
- Can be 24/7 services based on assessed need.
- Family members are the back up for staffing vs. the agency.

Expectations for Own Home

- Person has a lease/owns their home
- Person has their own living, sleeping, bathing, eating areas
- Person has privacy in their living/ sleeping area
- Person chooses if they want a roommate or not
- Unit has lockable access and egress
- Person can decorate and furnish unit to their choosing
- Person controls their own schedule and activities
-
- Person has access to their own food and kitchen and buys their own food.
- Person can have visitors at any time
- Person is free to choose their service provider without being at risk of losing housing, and to choose not to receive services.
- Family is often the backup for staffing when there are openings in the schedule

Where Do You Want to Live?



www.mnopenings.org

← ↻ 🏠 📁 https://mnopenings.org



[ALL LISTINGS](#) [ADVANCED SEARCH](#) [LOGIN](#) ☰

Search for residential openings

🔍 Enter zip code...

Radius

15 miles



SEARCH BY LOCATION

Sort by Type of Housing and Funding

← ↻ 🏠 🔒 <https://mnopenings.org/search/results/?radius=55441&miles=15&lat=44.9951298&lng=-93.4352207&type=CRS%...> A 📄 ⭐ ⚙️ 👤

Distance

15 miles

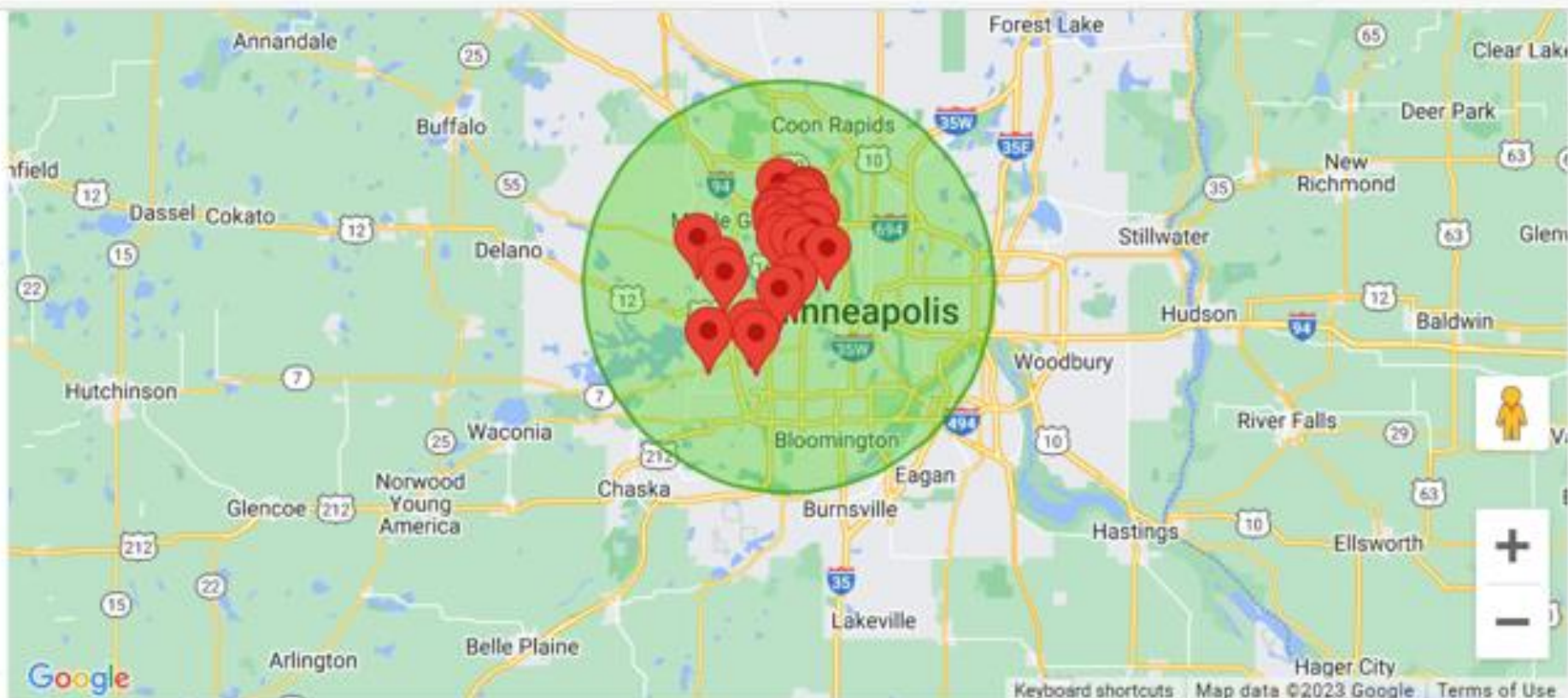
SEARCH

Type of Home

- CRS/Formerly SLS
- ICF
- Foster Care
- SILS
- In-Home
- Respite
- Temporary Care COVID
- Out of Metro Crisis Bed

Funding Type

- DD Waiver



Provider

City

Updated

Compare

Www.housinglink.org

← → ↻ 🏠 🔒 https://housinglink.org

🔊 ⭐ ⚙️ 🗑️ 👤



Search this site 🔍

Email

Password

[Forgot Password?](#)

[Create Account](#) [LOGIN](#)

[Subsidized Housing](#) ▾ [Property Owners & Managers](#) ▾ [Housing Resources](#) ▾ [Beyond Backgrounds](#) ▾ [Data & Research](#) ▾ [About Us](#) ▾

Are you denied housing because of a criminal background, low credit score or recent eviction?

[Beyond Backgrounds can help](#)

Where do you want to rent?

Distance ▾

Rent ▾

Bedrooms ▾

Building Type ▾

Subsidized Housing ▾

Seniors/Disabled ▾

Simplifying affordable housing



www.mnhelp.info

The screenshot shows the MinnesotaHelp.info website interface. At the top, there is a navigation bar with links for "Staff Resources", "Select Language", "Provider Portal", and "Sign In". Below this is a dark blue header with the "MinnesotaHelp.info" logo and buttons for "How-to Videos", "Chat With Us", and "My Favorites". A search bar is positioned below the header, with a dropdown menu set to "All" and the placeholder text "What are you looking for?". To the right of the search bar is a "Where?" field with a location pin icon and a search button. The main content area features a "Popular Topics" sidebar on the left with a list of categories: Families, Government, People Experiencing Homelessness, People with Disabilities, Refugees, Seniors, Taxonomy Search, Transportation, Unemployment, Veterans, Waiver Services, and Youth. The main content area on the right is titled "Transportation" and includes the question "Do you need help finding a ride?". Below this question is a list of bullet points providing information about transportation services, including Senior Ride Programs, Paratransit Programs, and Non-Emergency Medical Transportation.

Staff Resources Select Language Provider Portal Sign In

MinnesotaHelp.info How-to Videos Chat With Us My Favorites

Q FIND: All What are you looking for? Where? Q

Popular Topics

- Families
- Government
- People Experiencing Homelessness
- People with Disabilities
- Refugees
- Seniors
- Taxonomy Search
- Transportation
- Unemployment
- Veterans
- Waiver Services
- Youth

Transportation

Do you need help finding a ride?

- [Senior Ride Programs](#) and [Paratransit Programs](#) offer door-to-door transportation services.
- [Non-Emergency Medical Transportation](#) programs provide rides to doctor appointments and other non-emergency medical trips.
- Some transportation options are offered with lower costs.
 - After going to the resource links above, click on the Payment filter on the left side of the screen.
- You can also narrow your list of transportation providers to those with certain features or services.
 - After going to the resource links above, click on the Transportation filter on the left side of the screen.
- Ride share programs such as Uber, Lyft or GoGoGrandparent are

Enter the specific service and area

The screenshot shows the MinnesotaHelp.info website interface. At the top, there is a navigation bar with links for 'Staff Resources', 'Select Language', 'Provider Portal', and 'Sign In'. Below this is a dark blue header with the MinnesotaHelp.info logo and navigation options: 'How-to Videos', 'Chat With Us', and 'My Favorites'. A search bar is present with 'FIND: All' and a dropdown menu showing 'Integrated Community Supports' and 'Hennepin County, MN'. Below the search bar are several utility buttons: 'Map View', 'Compare/Save', 'Sort Options', 'Display Options', 'Print/Export', and 'Need Help?'. On the left, there is a 'Filters' section with a search box for 'Search Within the Results', a 'Filter Results by Distance' dropdown, and a 'Payment' dropdown. The main content area displays the search results for 'Medicaid Waiver Results for "Integrated Community Supports, Hennepin County, MN"', showing 142 results. The first result is for '1. Episcopal Group Home, Inc.', which provides details for 'Integrated Community Supports (ICS)', including contact information (phone: (952) 475-1621, website), address (1011 Lake St E, Wayzata, MN, 55391), and a description: 'Flexible service for adults to receive onsite planned and unplanned support and training in multiple areas of community living.' It also notes 'Other Services: 14 Services offered by this provider'.

MinnesotaHelp.info®

How-to Videos Chat With Us My Favorites

FIND: All Integrated Community Supports Hennepin County, MN

Map View Compare/Save Sort Options Display Options Print/Export Need Help?

Filters

Search Within the Results

Filter Results by Distance

Payment

Medicaid Waiver Results for "Integrated Community Supports, Hennepin County, MN"

142 results

1. Episcopal Group Home, Inc.

Integrated Community Supports (ICS)

Episcopal Group Homes, Inc SILS
1011 Lake St E, Wayzata, MN, 55391
4 Miles—[Get Directions](#)

Description: Flexible service for adults to receive onsite planned and unplanned support and training in multiple areas of community living.

Other Services: 14 Services offered by this provider

(952) 475-1621
[Website](#)

<https://www.mnhelp.info/Home>

Plan for Your Home, with the Services You Need


Explore your housing options.
Discover what works for you.
Make a plan to get there.

[BUILD YOUR PLAN IN THE VAULT](#) →



HB101 Places

Find the right home + services for you.



Homeless Services in Minnesota

Use this map to find Coordinated Entry access points in your area.



Moving Out of a Facility, Group Home, or Foster Care

You can live in your own place in the community. Learn about programs and services that can help you make the switch.



Changing Your Home

Fix your current place, or move somewhere else?



Keeping Your Housing

Here are some strategies that may help you stay in your current place.

Tweets by @HB101_MN

HB101 Minnesota Retweeted

HOME Line
@HOME_Line

It's that time of year again! Certificate of Rent paid can get you money back by filing with your MN state taxes if you qualify! But what if you don't get one or it is incorrect? Click the link below for a problem-solving step-by-step guide. buff.ly/38FbtRJ

DID YOU KNOW?

Most landlords MUST give you a Certificate of Rent Paid (CRP) by February 15th, 2022.

Confused? Here's how to help! Fill through the link for information and help to get you CRP!

Feb 24, 2022

HB101 Minnesota Retweeted

HB101 Minnesota
@HB101_MN

MNbenefits.mn.gov is an easy new online application for SNAP, Emergency Assistance, Housing Support, Child Care Assistance, Diversionary Work Program, GA, MFIP, MSA, and Refugee Cash Assistance. Learn more about it at content.govdelivery.com/accounts/MNDHS...



Moving Out of a Facility, Group Home, or Foster Care

You can live in your own place in the community. Learn about programs and services that can help you make the switch.



Changing Your Home

Fix your current place, or move somewhere else?



Keeping Your Housing

Here are some strategies that may help you stay in your current place.

HB101 Minnesota Retweeted

HB101 Minnesota @HB101_MN

MNbenefits.mn.gov is an easy new online application for SNAP, Emergency Assistance, Housing Support, Child Care Assistance, Diversionary Work Program, GA, MFIP, MSA, and Refugee Cash Assistance. Learn more about it at content.govdelivery.com/accounts/MNDHS...

Programs and Services

Types of Housing

The right type of housing for you depends on your situation, needs, and desires.

- Owning a Home
- Condos and Co-Ops
- Renting a Place
- ∨ Show more

Paying for Housing

Get help from programs that can make housing more affordable.

- Section 8 Housing Choice Voucher (HCV) Program
- Project-Based Voucher (PBV) Program
- Public Housing
- ∨ Show more

Services

Services can improve your quality of life wherever you live.

- Coordinated Entry for Homeless Services
- Personal Care Assistance (PCA) Program
- MA-Waiver Programs
- ∨ Show more

Other Programs

Some housing programs might help you if you are in a certain situation.

- HUD Homeless Programs
- Veterans Housing Programs
- Housing Opportunities for Persons with AIDS (HOPWA)
- Rural Housing
- Tribal Housing



Get Help

Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system and plan for your future.

Chat with a Hub expert

Mon-Fri 8:30 a.m. to 5:00 p.m.

[Chat online](#)

Call the Hub

Mon-Fri 8:30 a.m. to 5:00 p.m.

[1-866-333-2466](tel:1-866-333-2466)

Email the Hub

Emails answered Monday to Friday

[Email the Hub](#)

How Will I Afford the Staff Support Necessary?



3/8/2023

This photo by Unknown Author is licensed under [CC BY-SA](#)



How will you afford the staff support necessary?

- Natural supports
- Personal Care attendant services
- Home and community-based waiver services
 - In home—Individualized Home Supports with training, without training and with family training, Night supervision, 24 Hour Emergency Assistance, Electronic Monitoring, Home delivered meals, Live-in expenses, Homemaker and more!!
 - Community Residential Setting—group home. Staff are provided based on a ratio of need.
 - Integrated Community Support—provider-controlled apartment setting that teaches skills.
- ARMHS—Rehabilitative Mental Health Services (MA funded)
- Customized Living—apartment with meals and supports in the building.
- Employment options.

Disability Services Program Manual (google MN DHS DD Waiver)

Find in Table of Contents:

Find in ToC...

- ▶ [Home page](#)
- ▶ [Assessment and support planning](#)
- ▶ [Case management/care coordination](#)
- ▶ [Consumer safeguards](#)
- ▶ [Eligibility](#)
- ▶ [Employment](#)
- ▶ [Financial management](#)
- ▶ [Home care](#)
- ▶ [Managed care](#)
- ▶ [Person-centered practices](#)
- ▶ [Resources and consultation](#)
- ▶ [Waiver programs](#)
 - BI
 - CAC
 - CADI


Developmental Disabilities (DD) Waiver

In response to the COVID-19 peacetime emergency, DHS has updated policy/procedures and issued related instructional bulletins to ensure continuity of care for people in Minnesota who access services. These changes:

- Allow LTSS assessments and reassessments to be conducted remotely ([March 23, 2020, eList](#))
- Allow case management visits to be conducted remotely ([April 6, 2020, eList](#))
- Prevent eligibility in LTSS programs from being terminated ([June 22, 2020, eList](#)).

Page posted: 11/29/04	Page reviewed: 7/25/19	Page updated: 12/31/20
Legal authority	Federally approved DD Waiver Plan , Minn. Stat. §252.27 , Minn. Stat. §256B.092 , Minn. R. 9525.0004 to 9525.0036 , 42 CFR 483.440	
Definition	Developmental Disabilities (DD) Waiver: Program that provides home and	

Disability Services Program Manual

Covered services	<p>As part of the Waiver Reimagine project, DHS is streamlining some services in the waiver service menu. For more information, see CBSM – Waiver Reimagine streamlined service crosswalk.</p> <p>The following services are covered under the DD Waiver. For a service-specific policy page, select a service from the list:</p> <ul style="list-style-type: none">• 24-hour emergency assistance (includes personal emergency response systems (PERS))• Adult day services (includes family adult day services)• Adult day services bath• Assistive technology• Caregiver living expenses• Case management• Case management aide• Chore services• Community residential services• Consumer directed community supports (CDCS)• Crisis respite• Day support services• Employment development services	
-------------------------	--	--

How Will I Afford Rent and Food?



3/8/2023






[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)



How will
you afford
rent and
food?

- **MN Supplemental Aide/ MSA Housing Assistance**
- **Housing Support Funds**
- Social Security
- Retirement Survivors Disability Insurance (RSDI)
- Employment
- Fare for All
- Free phone www.qlinkwireless.org
- Energy assistance
<https://accel.minnesotaenergyresources.com/home/lieap.aspx>
- Waiver funded “home delivered meals”
- Waiver funded “caregiver live-in expenses”
- Roommate
- Section 8, Section 811, Section 42

Individualized Housing Options Worksheet– Your self-directed plan

<p>1. Where do I want to live?</p> 	<p>What town do I want to live in?</p> <p>1st Choice: _____</p> <p>2nd Choice: _____</p> <p>3rd Choice: _____</p>										
<p>2. What kind of housing do I want?</p> 	<p>Do I want to own my own place?</p> <p><input type="checkbox"/> House <input type="checkbox"/> Townhouse <input type="checkbox"/> Condo</p> <p>Do I want to rent?</p> <p><input type="checkbox"/> Apartment <input type="checkbox"/> Condo <input type="checkbox"/> House <input type="checkbox"/> Townhouse</p> <p><input type="checkbox"/> Duplex <input type="checkbox"/> Other: _____</p>										
<p>3. Do I want a roommate? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>How many? _____</p> 	<p>If yes, What type of roommate do I want?</p> <p><input type="checkbox"/> Family Member <input type="checkbox"/> Friend <input type="checkbox"/> Peer <input type="checkbox"/> Paid Caregiver</p> <p><input type="checkbox"/> College Student <input type="checkbox"/> Other: _____</p>										
<p>4. What is my monthly income?</p> 	<p>This is how much money I earn each month:</p> <table border="1" data-bbox="828 849 1166 1011"> <tr> <td>Social Security:</td> <td></td> </tr> <tr> <td>My Job:</td> <td></td> </tr> <tr> <td>Shelter Needy Funds:</td> <td></td> </tr> <tr> <td>Other:</td> <td></td> </tr> <tr> <td>TOTAL:</td> <td></td> </tr> </table>	Social Security:		My Job:		Shelter Needy Funds:		Other:		TOTAL:	
Social Security:											
My Job:											
Shelter Needy Funds:											
Other:											
TOTAL:											
<p>5. How much money do I need to pay for housing each month?</p> 	<p>My rent or mortgage will be _____ each month.</p>										

Tools:

Your Self-Directed Plan

Housing Budget Estimator

1. Monthly Income (Anticipated or Current)

Net Take Home Salary from Employment:		\$	_____
<small>gross \$ per month</small>			
Non-Taxable Income (such as Social Security, SSI, etc.)		\$	_____
Subsidies (such as food support, Housing Voucher, Shelter Needy)		\$	_____
Other Income: <small>MSA Shelter needy grant =</small>		\$	_____
<small>(Pensions, Trusts, Child Support)</small>		\$	_____
Total Monthly Net Income		\$	_____

2. Monthly Expenses

Rent/Mortgage	\$	_____	Clothing	\$	_____
Rental Insurance	\$	_____	Entertainment	\$	_____
Gas/Electric/heat	\$	_____	Health insurance	\$	_____
Cell Phone	\$	_____	Prescriptions	\$	_____
Telephone	\$	_____	Doctor/Dental Visits	\$	_____
Cable TV	\$	_____	Gifts	\$	_____
Internet	\$	_____	Laundry	\$	_____
Personal care (haircut, etc)		_____	Cleaning supplies	\$	_____
Water/Garbage	\$	_____	Savings	\$	_____
Bus Fare	\$	_____	Charitable Giving	\$	_____
MA/EPD Premium	\$	_____	Waiver Spendown	\$	_____
Child Support	\$	_____	HOA Due's	\$	_____
Groceries	\$	_____	Car expenses & Car Ins.	\$	_____
Other Expenses	\$	_____	Credit Card Payments	\$	_____
Total Monthly Expenses		\$	_____		

3. Balance

Total Monthly Net Income minus Total Monthly Expenses	\$	_____
--	-----------	-------

Tools: Housing Budget Estimator

Roommate Profile

Please complete the information below so we can search for, or be paired with, roommates who match your lifestyle, interests, and personality.

Name:	
E-mail Address:	
Phone Number:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth:	Expected move date:
Where you live now:	Where you want to live:
Monthly working budget: <input type="checkbox"/> Under \$1000 <input type="checkbox"/> Over \$1000	Do you need an accessible home/apartment? <input type="checkbox"/> Yes <input type="checkbox"/> No

What are your habits and what are you looking for in a roommate?		
	Check what applies to you:	Check what applies to your ideal roommate:
Smoking	<input type="checkbox"/> Don't Smoke <input type="checkbox"/> Do Smoke	<input type="checkbox"/> Non-smoker <input type="checkbox"/> No Preference <input type="checkbox"/> Smoker
Drinking	<input type="checkbox"/> Don't Drink <input type="checkbox"/> Do Drink	<input type="checkbox"/> Doesn't Drink <input type="checkbox"/> No Preference <input type="checkbox"/> Does Drink
Housekeeping	<input type="checkbox"/> Not Tidy <input type="checkbox"/> Tidy	<input type="checkbox"/> Not Tidy <input type="checkbox"/> No Preference <input type="checkbox"/> Tidy
Cooking	<input type="checkbox"/> Cook Occasionally <input type="checkbox"/> Cook Often	<input type="checkbox"/> Cooks Occasionally <input type="checkbox"/> No Preference <input type="checkbox"/> Cooks Often
Having People Over/Entertaining	<input type="checkbox"/> Occasionally <input type="checkbox"/> Often	<input type="checkbox"/> Occasionally <input type="checkbox"/> No Preference <input type="checkbox"/> Often
Dating	<input type="checkbox"/> Single <input type="checkbox"/> Attached	<input type="checkbox"/> Single <input type="checkbox"/> No Preference <input type="checkbox"/> Attached
Early to Bed/ Stays up Late	<input type="checkbox"/> Early <input type="checkbox"/> Late	<input type="checkbox"/> Early <input type="checkbox"/> No Preference <input type="checkbox"/> Late
Music Volume	<input type="checkbox"/> Soft <input type="checkbox"/> Loud	<input type="checkbox"/> Soft <input type="checkbox"/> No Preference <input type="checkbox"/> Loud
Music Preference	<input type="checkbox"/> Country <input type="checkbox"/> Pop <input type="checkbox"/> Hip Hop <input type="checkbox"/> Rock <input type="checkbox"/> Jazz/Blues <input type="checkbox"/> Faith-based	<input type="checkbox"/> Country <input type="checkbox"/> Pop <input type="checkbox"/> Faith-based <input type="checkbox"/> Hip Hop <input type="checkbox"/> Rock <input type="checkbox"/> No Preference <input type="checkbox"/> Jazz/Blues
Talks on Phone	<input type="checkbox"/> Occasionally <input type="checkbox"/> Often	<input type="checkbox"/> Occasionally <input type="checkbox"/> No Preference <input type="checkbox"/> Often
Going out for Fun	<input type="checkbox"/> Occasionally <input type="checkbox"/> Often	<input type="checkbox"/> Occasionally <input type="checkbox"/> No Preference <input type="checkbox"/> Often
Currently Employed	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No Preference <input type="checkbox"/> No
Internet Use	<input type="checkbox"/> Occasionally <input type="checkbox"/> Often	<input type="checkbox"/> Occasionally <input type="checkbox"/> No Preference <input type="checkbox"/> Often
Own a Pet	<input type="checkbox"/> Yes, what? _____ <input type="checkbox"/> No	<input type="checkbox"/> Yes, what? _____ <input type="checkbox"/> No Preference <input type="checkbox"/> No
Allergies	<input type="checkbox"/> Yes, to what? _____ <input type="checkbox"/> No	<input type="checkbox"/> Yes, to what? _____ <input type="checkbox"/> No Preference <input type="checkbox"/> No
Language	<input type="checkbox"/> English <input type="checkbox"/> Other: _____	<input type="checkbox"/> English <input type="checkbox"/> No Preference <input type="checkbox"/> Other: _____

Tools: Roommate Profile

Please contact me for more information or questions

Jerry Mellum, Senior Planning Analyst

Phone: 763-360-9307

Email: jerry.Mellum@Hennepin.us



Let's Get Started!



Dawn, Tristan, Kris, TJ, Connie, Bryce – Townhome



Tristan & Dawn



Kris & TJ



Bryce & Connie

Dawn, Tristan,



About Tristan Rankin

What's important TO me:

- ⇒ Good oral hygiene
- ⇒ Staying clean
- ⇒ Getting exercise daily
- ⇒ Eating healthy
- ⇒ Being able to choose the snacks I want whenever I want them
- ⇒ Participating in sports
- ⇒ Travel
- ⇒ Being able to go to my parent's house on a regular basis
- ⇒ Having friends



What people like about me:

- ⇒ I am nice
- ⇒ Hard worker
- ⇒ Good at sports
- ⇒ Great smile

What's important FOR me:

- ⇒ Friends
- ⇒ A supportive manager at work and friendly co-workers
- ⇒ Staff who are willing to help me with household tasks and preparing/cooking meals
- ⇒ Reliable transportation to work
- ⇒ Using a reasonable amount of body wash, shampoo, and toothpaste
- ⇒ Turning my phone off at night so I don't use it in bed which can cause me to wake up with a headache

How to best support me:

- ⇒ Encourage me to do things with my roommates and activities other than watching TV or playing video games in my room
- ⇒ I may get crabby if I am watching a game and my team loses. Remind me that it's only a game.
- ⇒ If I am crabby and I haven't watched a game, it most likely means I am not feeling well.
- ⇒ Let me know when I will be going shopping every week and help me plan ahead so I don't run out of things
- ⇒ Keep me informed if staff schedules change

One page profile concept developed by Helen Sanderson Associates <http://helensandersonassociates.co.uk> and The Learning Community for Person Centered Practices <http://lscpp.com>

©2020 PACER Center, Inc., PHP-c298b, One-Page Profile Template

Tristan's One-Page Profile



TJ & Kris



About TJ Lindsey

What's important TO me:

- independence
- work a job
- have money to support myself
- friends
- play sports with friends
- go to sporting events
- go out on activities



What's people like about me:

- friendly
- smiles a lot
- hard worker
- always willing to help
- easy going

What's important FOR me:

- my family supporting my independence
- having my own car
- a job to support my independence
- supportive manager & co-workers
- staff to help with shopping, prepping and cooking meals

How to best support me:

- understand my wants and needs
- help plan activities
- help make a list and grocery shop
- help with meal prep and cooking meals for the week

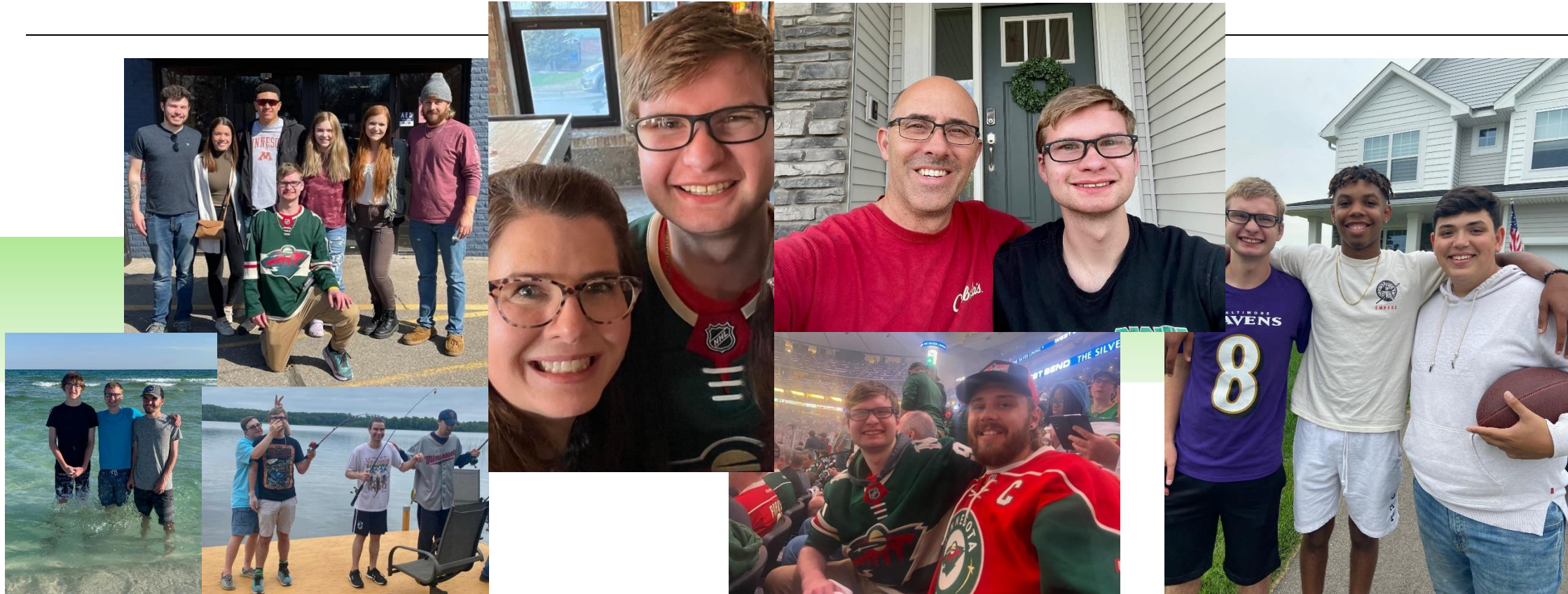
One page profile concept developed by Helen Sanderson Associates <http://helensandersonassociates.co.uk> and The Learning Community for Person Centered Practices <http://tlcpcp.com>

©2020 PACER Center, Inc., PHP-c298b, One-Page Profile Template

TJ's One-Page Profile



Bryce & Connie



Tristan, TJ & Bryce Home & Leisure



Tristan, TJ, Bryce – Townhome Rental

- **Rent:** \$1,895 (Tristan pays \$100 more for larger room. Tristan: \$717.68, TJ/Bryce: \$581.66 ea.)
- **Utilities:** Water/trash \$50 (\$16.66 ea.)
- **Electric/Heat/Gas:** \$115-255 mo (\$38.33-\$85.00 ea.)
- **Phone:** \$70.00 a mo. **Internet/You Tube TV:** \$137.81
- **Food:** \$200-\$400.00 a mo.
- **Income – SSI** \$941.00 (Tristan previously received)
- **Jobs: TJ:** Full time+benefits, **Bryce:** \$17.00, 8 hrs. 4x week, **Tristan:** \$13.00, 5 hrs. 4x wk. (+SSI, \$771.00)
- **Food Support/SNAP, Personal Needs, MSA, MSA Housing Assistance:** Do not receive

Waiver Service

- DD Waiver – IHS w/training, w/o training, Customized Employment Supports (Tristan)
- **Natural Supports:** family/ friends

Total Income: \$_____

Total Expenses: \$_____

Left: \$_____ (Enough to pay bills and have some left over for personal needs, savings).

“Words of Wisdom”

- **Dawn:** *“Start the process sooner rather than later. I started the process with our case manager two years before the actual move.”*
“Have roommates in place early. Have the parents on the same page for lifestyle and vision.”
- **Kris:** *“Early on, get to know the parents of your friends.”*
- **Connie:** *“Talk to your young adult about living with a friend.”*
“The first year expect “ripples”. Don’t sweat the small stuff, try not to be too reactive.”



Ian & Andrea – Life Sharing Community, Maui, Hawaii



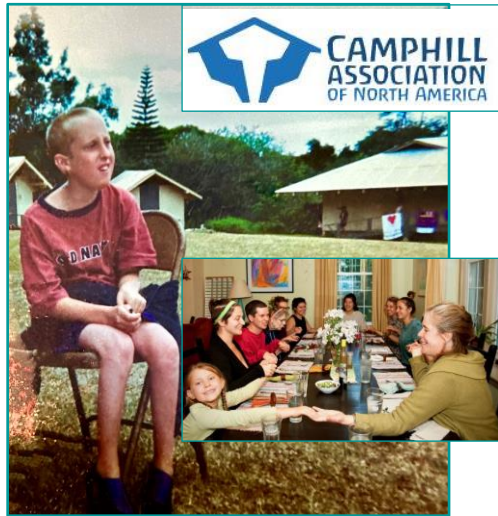
**\$Pay from Wailuku
Coffee Company!**



What People Like and Admire about Ian

- Enthusiastic
- “Happy Camper”
- Very social
- Fun!
- Empathetic
- Prefers those who are neurotypical but hangs out with all abilities
- Loves Sports

Ian's Journey - Transition to Adulthood



High School

- Transition
- Camp Hill



First Transition to Licensed Community Residential Setting

- Funding for Licensed Group Home from Governor Abercrombie



First house licensed on Maui since 1985 & only the second DOM home on Maui



Creating the “Ordinary Life”

Ian’s Friends Pivotal Moment!



Macnut Place: Main House, Second HUD House/Apartment



What makes Life Sharing Work for Ian?



“Words of Wisdom”

“Build relationships with friends, neighbors, business people, elected officials, everyone!”

In Closing....



- Educate yourself! Start networking!
- Time is an advantage due to limited funding, availability of supports & services, and affordable housing.
- It is beneficial to start the application process for social services in your high school years.
- Plan time to start your person-centered plan with your young adult and about housing services and options.
- **Call PACER Center's Housing Project with additional questions.**

Resources

PACER's Housing Project:

www.PACER.org/housing

Contact Person: Susan Shimota

Phone: 952-838-9000

Email: susan.shimota@PACER.org

Hennepin County Social Services

Jerry Mellum, Senior Planning Analyst

Hennepin County Human Services and Public Health Department

Phone: 612-596-7094

Jerry.Mellum@hennepin.us

PACER's National Parent Center on Transition & Employment:

<https://www.PACER.org/transition>

[Transitioning to Life After High School - PACER Center](#)

Disability Hub MN

disabilityhubmn.org 1.866.333.2466



Resources



Person Centered Planning:

Helen Sanderson and Associates www.helensandersonassociates.co.uk

The Learning Community for Person Centered Practices

<https://tlcpcp.com>

MN Department of Human Services > Person Centered Practices

<https://mn.gov/dhs/partners-and-providers/program-overviews/long-term-services-and-supports/person-centered-practices>

ARC Minnesota: Planning & Coaching

<https://arcminnesota.org/ways-we-can-help/planning-your-future>

Phone: 952-920-0855, ARC Statewide: 833-450-1494

Email: <https://arcminnesota.org/ways-we-can-help/ask-an-advocate>

MN Governor's Council on Developmental Disabilities

"Its My Choice":

<http://mn.gov/mnddc/extra/publications/Its-My-Choice.pdf>

Resources



Minnesota's Olmstead Plan

<https://www.pacer.org/housing/gettingstarted> > Minnesota's Olmstead Plan
https://mn.gov/olmstead/assets/2022-04-olmstead-plan_tcm1143-526399.pdf

The ARC of MN - Housing Resources

<https://arcminnesota.org> <https://arcminnesota.org/learn-connect/learning-center/housing>

Phone: 952-920-0855, ARC Statewide: 833-450-1494

Metropolitan Center for Independent Living, Inc.

<https://www.mcil-mn.org> 651.646.8342

Resources



MN Department of Human Services Main Page

<http://mn.gov/dhs>

- People with Disabilities>Services>Home and Community Services
<https://mn.gov/dhs/people-we-serve/people-with-disabilities>
- Healthcare>Child & Adult Mental Health:
<http://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care>
- Housing
<http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing>
- Housing Benefits101 <https://mn.hb101.org>
- HB101 Places <https://mn.hb101.org/places.htm>
- Disability Benefits 101 <https://mn.db101.org>

Resources



MN Department of Human Services – Housing Stabilization Services

<https://mn.gov/dhs/partners-and-providers/policies-procedures/housing-and-homelessness/housing-stabilization-services/housing-stabilization-services.jspf>

MN Department of Human Services (DHS) Community-Based Services Manual

<https://tinyurl.com/sn9pmt6>

[CBSM - Resource: Life sharing matching process and ongoing support options \(state.mn.us\)](#)

“Find Choose & Keep Great DSPs (Direct Support Professionals) Toolkit”

https://ici.umn.edu/index.php?products/view_part/375

“Questions to ask Providers When Making Decisions about Residential Supports for Family Members with Disabilities” <http://rtc.umn.edu/questions/index.html>

Metro Crisis Coordination Program (MCCP) Residential Openings List <https://mnopenings.org>

Resources

Housing Link

Housing Rental Listings, Public Housing, Section 8, Waitlists & Newsletter

www.housinglink.org

Housing Link “Streams” Database: <https://www.housinglink.org/Streams/>

TAC- Technical Assistance Collaborative

www.tacinc.org/knowledge-resources/publications/e-books/section-8-made-simple

Voucher Database for MN: <http://www.tacinc.org/knowledge-resources/vouchers-database/?state=MN>

HUD - Information for Disabled Persons: [https://www.hud.gov/topics/information for disabled persons](https://www.hud.gov/topics/information%20for%20disabled%20persons)

HUD Resource Locator <https://resources.hud.gov>

HUD Reasonable Accommodations & Rights for Individuals with Disabilities:

[https://www.hud.gov/program offices/fair housing equal opp/reasonable accommodations and modifications](https://www.hud.gov/program%20offices/fair%20housing%20equal%20opp/reasonable%20accommodations%20and%20modifications)

HUD File a Complaint: [https://www.hud.gov/program offices/fair housing equal opp/online-complaint](https://www.hud.gov/program%20offices/fair%20housing%20equal%20opp/online-complaint)



Resources

“20 Revealing Questions that Every Renter Should Ask”

<https://www.apartments.com/rental-manager/resources/article/20-revealing-questions-that-every-renter-should-ask>

MN Housing Finance Agency

<https://www.mnhousing.gov>

MN Home Ownership Center

<https://www.hocmn.org>

Homes for All

<http://homesforallmn.org/>

<https://www.hocmn.org/homeownershipopportunityalliance>

Social Security Administration

<https://www.ssa.gov/benefits/disability> <https://www.ssa.gov/ssi/links-to-spotlights>

